

Blackhole doing Yoga



a matching cosmic story

Premyogi vajra

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book introduction

This short book is dedicated to Chandrayaan-3 launch. Dear readers, today's time is the time of climax of science. Due to the untiring work of scientists, the world has solved many so-called inexplicable puzzles of quantum science and space science. But now the needle of science is stuck in invisible elements like blackhole, dark matter and dark energy. It seems that these invisible things are connected with yoga and spirituality. Anyway, even if science has got an indirect idea about their form, they can be known fully only by feeling those. When even such subtle elements cannot be proved without feeling, then how can God, who is the most transcendent and the most subtle, be known without direct feeling? Undoubtedly, science will also get an idea of God someday, but it will be fully achieved only through experiencing him, won't it? Yoga gives such subtle experiences. Probably that's why nowadays the craze for yoga is increasing in the world, even among scientists. In this book, the path of salvation for human beings has been explained scientifically in very easy words. It is based across the same Vedic mantra, "yatpinde tat brahmande" means 'what is there inside the body, the same thing is there inside the universe too'. It has been shown that not only human beings do spiritual works related to yoga, liberation etc., but everything in this universe moves on this path. This gives a man firm faith in these, so that he does not hesitate to walk on the path of self-welfare. At the same time, this book also whets the appetite for science, especially space science and some quantum science. It also sheds good light on the most mysterious and amazing cosmic object like blackhole, and proves that the soul is actually blackhole itself, which is eager to unite with the supreme sky in the form of God. I have also authored a separate book on Space science and Quantum science as enlisted at the end of this book. While not writing much, I pause with the hope that the present book will come true to the aspirations of the space-loving and spirituality-loving readers.

Author introduction

Premayogi Vajra was born in the year 1975 in a small village in the beautiful basket valley of Himachal Pradesh, India. He is naturally fond of writing, philosophy, spirituality, yoga, public service, applied science and tourism. He has also done commendable work in the field of animal husbandry and veterinary medicine. He is also fond of polyhouse farming, organic farming, scientific and water conserving irrigation, rainwater harvesting, kitchen gardening, cow farming, vermicomposting, website development, self-publishing, music (especially flute playing) and singing. He has also written close to ten books on almost all these subjects, whose descriptions are available on Amazon Author Central, Author Page, Premyogi vajra. The description of these books is also available on his personal website demystifyingkundalini.com. He had also been a Vedic priest for a short period of time, when he performed religious rituals in people's homes with the help of his Vedic priestly grandfather. He has gained some advanced spiritual experiences (enlightenment and Kundalini awakening). His autobiography, along with his unique experiences, is particularly shared in the book "Physiology Philosophy - A Modern Kundalini Tantra (A Yogi's Love Story)" written in Hindi. The matching equivalent of this book in English is "Love story of a Yogi- what Patanjali says". This book is the most prominent and ambitious book of his life. This book contains the most important 25 years of his life's philosophy. He has worked very hard for this book. In a quality and unbiased review on Amazon.com, this book has been reviewed as a five-star, best, must-read and excellent book. Google Play Book Review also found five stars for this book, and this book was rated as good (cool).

Premyogi vajra is a mysterious person. He is like a polymorphic man, who has no fixed form of his own. His actual form depends on the size and type of the trance/Samadhi that he is continuously experiencing in his mind, no matter what he looks like from outside. He is enlightened (self realized), and his Kundalini has also awakened. He had self realization or enlightenment naturally / through love yoga, and Kundalini awakening through artificial means / Kundalini yoga. At the time of natural samadhi, he was assisted by symbolic and uni-vehicular Tantra yoga, while at the time of artificial trance/Samadhi he got the help of complete and bi-vehicular Tantra yoga along with the majority of his own efforts.

For more information, please feel free to visit the following place-

<https://demystifyingkundalini.com/>

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Chapter 1

Kundalini yoga science is the pinnacle of quantum mechanics, space science, cosmology and astronomy-physics

Kundalini awakening proves that the non-existent void does not exist

Friends, I was thinking of transmitting my recently awakened experiences to the scientists, so that they can solve the mystery of the origin of the universe, on which they are badly stuck. But I could not find any comment box on their sites nor did I find any such appeal from their side on Google. After getting the address of one or two, contacted them on Gmail, but did not get any response. If you know any such platform please do share.

Spiritual science and space science are interrelated, and are incomplete without each other. That's why the science of **astrology** was also included with **Sanatan Vedic philosophy**, and it had a special respectable place.

Nihilism is the root of all problems

Nihilism is the biggest **duality** producing **spiritual ignorance**. If science had not resorted to nihilism, then nature and **humanity** would not have been destroyed today. Due to this, there would not have been hue and cry in the form of **wars**, natural calamities etc. all around today. Then science and spirituality as nonduality would have been progressing together and complete and all-round development of mankind would have been ensured. Buddhism was almost thrown out of **ancient India** for the same reason, because it resorted to nihilism. Although Buddhists argue a lot that their worship object is not void but

conscious **Brahman**, this is also true, but from the external ethics of Buddhism it appears to be void. Common people only see superficially, they cannot understand the deep things.

It appears that the most anti-zero culture in the world is the **Hindu Sanatan culture**. In this, along with soil-stone etc. inanimate objects, the dark black sky is also worshipped. For example **Shani Dev** and **Kali Mata**.

Origin of the universe and its basic structure based on the experience of awakening

What we think of as void or darkness or blissless sky, and also feel it as our **soul**, does not feel like that at the time of awakening, that is, it feels like non-zero, light and blissful **sky**. I am saying non-zero because it looks like the full physical world. The visible physical world and the mental images or thoughts created from it are felt like waves in it. Just like there are **waves in the ocean**. The same has been described in various **theology**. So is science ignoring this?

space is soul in its original form

Whole world is virtual and unreal

Original means real, that is, in a viceless form. This was already evident from **Einstein's theory of gravitation**, but no one had understood it in this metaphysical form. Einstein was so great but it seems he did not encounter a true awakened person. Lol. Einstein proved that **spacetime** can be twisted like a three-dimensional sheet, can have holes or pits in it. By the way, what is already like an empty pit, how can another empty pit be made in it. From this, it is clear that space is not empty as the common man thinks. It is empty and not empty at the same time, though it is void in form, it is soul, it is God, it's **supreme soul**. Its pit is like a boat making a depression in the water of a pond. The wave also moves in the same way making a depression. Means waves

can be formed in space. Then how did it become zero? Many may even say that it is such a void in which falsely assumed **virtual waves** can be formed. Rishimuni also tells the same experience of the soul. It means that it is not such a wave that can distort the soul in reality. Even the water seems to be distorted by the wave only for a short time, after the wave has passed, its surface also becomes completely flat and as before. The same happens with the air. Then space or sky is even more subtle than them, how can it be distorted. It cannot be perverted even for a short while, because where will it go after being perverted. Because there is sky everywhere. Water and air move to the empty space, but where will the space move? This means that space waves are more virtual than water and air waves. Means the wave does not move anywhere, it only appears. Isn't it a surprising fact. Amazing zero brother. Probably this is the magic or illusion of God which shows everything even though it is not there.

As classical evidence, the **Mahabharata**-sized epic **Maharāmāyaṇa**, aka **Yogavasistha**, repeatedly and everywhere refers to the soulful void-form sky or space as the Supreme Soul. Everywhere in it the world has been called **false** and virtual.

If the whole world exists in zero, then it must have the same qualities as the real physical world

Now let us give an edge of logic to the above scientific analysis. All the activities that take place in the physical world take place in the void of space as well, as we said above. This means that the nature of the void must be the same as that of the world. This is possible only if the **Sattva guna, Rajo guna and Tamo guna**, all these three gunas of nature are present together in that void, because the material world is made of these three gunas, as stated in the **scriptures**. That's why that zero soul has been called **trigunateet**, means outside of three gunas, because having all the three gunas in equal quantity cancel each other's effect, although all the three are present always. That

is why, in spiritual scriptures, God is also called **indescribable**, that means he has all the three qualities, he doesn't have them, he has both these things and he doesn't have both. These qualities cannot be more or less than each other in the void, because with the change of material things with time, the qualities keep becoming more or less, but zero cannot change. This means that the zero soul is present with light in the form of Sattva, activity in the form of Raja (in the form of a virtual wave together with wave's absence too) and darkness in the form of Tama altogether simultaneously. This all proves the scriptures saying that the all pervading real space that's supreme soul is **conscious** though in a far superior way than all the worldly living beings and it's attainable.

void space also behave like physical substances

However, the only difference is that what void space does everything in virtual form, physical matter does that everything in reality. That's why called in scriptures that supreme soul is the biggest **actor, dramatist** and magician. For example, water from sea water bounces out in small pieces to form real drops. But in the ocean of void space, first thing, void cannot jump as a piece, secondly there is no existence of such an empty space, which is not in the form of one continuous void sky. That's why there is only one way left, that is to make falsehood, that is, to make appearances, that is, to make virtual drops. According to science, we call them the basic particles i.e. **Elementary Particles**, which keep on **popping** out of the empty space, that is, they keep on appearing and also keep on merging in it. Just like the drops of water keep coming out of the ocean, and keep merging in it. Then why not accept this experience of self-awakening scientific and correct that the whole universe is a virtual wave inside the soul. The problem is that experience cannot be shown to anyone else and no machine can verify it. It has to be experienced by oneself.

Transformation of Science-era into Yoga-era

It is abundantly written in the **scriptures** that the world cannot arise out of nothing. From long time ago sages knew from self-experience that this world originated from **self-illuminating** soul in the form of sky, not from any dark empty space. Many scientific arguments were given for this, which also proved the same. **Self-awakened** means **Kundalini-awakened** people also tell the same experience. That soul cannot be grasped by the material senses, but is experienced only as one's own true nature. That's why one thing is clear that it can only be guessed by science, but it can be seen only through yoga. Science will calm down after guessing it, and then move towards yoga to experience it. All scientists will become yogis, and the science-age will be transformed into the yoga-yuga.

There is no difference between the outer and inner universe

If the universe of the mind is experienced inside the soul, then the physical universe outside too, because we can know it only in an approximation from the mental universe, never directly and in reality. But this much is certain that the real form of the external universe is also like the mental universe. The only difference is that the outer universe is more stable than the inner universe, that's why it looks almost the same to everyone for thousands of years, but the mental universe keeps changing every moment with thoughts and experiences.

Many deep mysteries of science can be solved by Kundalini awakening

For example, what is the deepest core of the universe, what is the principle of **quantum entanglement**, what is an electromagnetic wave and how it moves, **vacuum energy**,

quantum fluctuations, **dark energy**, big bang, expansion of the universe, black hole, **multiverse**, **parallel universe**, Anti Universe, Fourth Dimension, **Spacetime Travel**, Teleportation, **Alien** Hunting etc., and many more. Caleb Scharf, an astrophysicist, says that the entire universe may just be a giant alien. For **Einstein**, time is an illusion. All such thoughts and **theories** match with the thinking of learned **sages** and **philosophers**. That's why scientists should leave one-sided physical thinking and include yoga and **spirituality** in their study, only then all the **mysteries** of the world can be revealed. Many quantum theories can be understood from yoga science, such as the **wave particle dual nature of matter**, **standing wave**, the double slit experiment, the de Broglie principle, the **Casimir effect**, and many more. **The theory of everything** for which scientists have been trying for a long time, it seems that yoga can meet it. Some scientists are also moving in spiritually truthful direction, such as **Stephen Hawking's string theory** **Robert Lanza's Biocentrism Theory**, the theory of aliens being hidden in every object, **Adam Frank's** theory considering Earth as a living being, A theory considering Earth as a prison for criminals and **Moon** as prison monitoring center etc, and many others. Although these are all scientific guesses, like I said above. To prove these, there is a need to take along those people who have directly experienced Kundalini awakening through yoga. Nowadays, the atmosphere of discussion on such inexplicable types of science riddles is heated everywhere. The iron is hot, and scientists should not hesitate to take the hammer. If you also want to contribute in solving these riddles, then do write in the comment box.

Chapter 2

Kundalini yoga science can peep into black holes too

Shakti is eternal like Shiva

Friends, **Shakta** sect says that like Shiva, Shakti is also eternal. It has to be accepted, because if Shakti is perishable, then from where does it come in the initial void of creation. If Shiva is considered to be the only indestructible and original element, then there is a new explanation. The **quantum fluctuations** of the **subtle body** get recorded in the **soul**. There is darkness in the soul according to those quantum fluctuations. Means the darkness of the soul varies according to the type and quantity of quantum fluctuations. This rule is applicable in both individual and macro cases. This is called the **causal body**. The same darkness of the soul again creates quantum fluctuations according to itself in the beginning of the universe. Means the causal body or the causal universe comes in the form of a subtle body or a subtle universe. From that then the gross body or the gross universe is formed. But still the question remains. Immediately, this answer is made that **cosmic Shakti** i.e. the cosmic causal body remains in the form of dark space, but it does not have its own existence in the form of experience of illusion of darkness by any soul, and that unaffected Supreme Soul is only Shiva. Or say that Shakti as dark zero becomes one with Shiva.

At the beginning of the creation, Shakti separates from Shiva and starts the creation of the universe

Just like the water of the lake always keeps moving, in the same way **subtle waves** always keep rising in the space. In both, sometimes the waves increase more due to wind etc. This is the rise of **particle from energy**. These waves in

space are created by the collision of **celestial bodies**. **Scientists** also say that when there is more upheaval in space, more new **planets and stars** etc. are formed. But how this upheaval takes place in the zero space of the beginning is a matter of research.

The secret of the birth and death of the universe may be hidden in the black hole

When a star dies, it compresses to a **singularity** and becomes a black hole. That singularity dissolves into the unmanifested sky, because the final limit to the smallness of something ends in **nothingness**. Meaning it first becomes the smallest **fundamental particle**. Its gravity is very high. Meaning it is **quantum gravity**. The secret of the creation of the universe from a single particle, that is, the secret of the **Big Bang** is hidden in it. When a whole star can fit inside a single particle, then the whole star can also emerge from it. That re-creation can happen through a . That is why it is said that a black hole can be a factory of creation. It is possible that at the end time of the universe, gravity dominates and destroys the entire universe by making it a black hole. Then the whole space itself will become black hole i.e. **unmanifest sky** i.e. dark sky i.e. original nature or **mool prakriti**. However, the whole universe will be contained in it under high pressure. Now it is not known in what form it will be there. When the pressure in the form of darkness of that ultimate black hole will cross a certain amount or time limit, then the **holocaust** will end and the unmanifest substances buried in it will start erupting out in the form of luminous waves i.e. moving towards the ultimate manifestation that's the ultimate **Purusha**. This is called the attraction and sexual intercourse between **Prakriti** and Purusha, i.e. **Yin and Yang**. This will lead to the rebirth and development of the new creation in infant form. It is natural that the world will be created in the same way as it was before because only the buried matter of the previous world is creating it. The process and order of new creation will also be like the old one because it is often seen that in the order in which a thing breaks down and gets

destroyed, it gets re-created in almost the same order and process by connecting further. It is also possible that instead of the **Big Crunch**, the Big Bang continues, so that in the end all the fundamental particles also get scattered away from each other and merge into the sky. But even then black hole type will be formed. In that too everything, even light, will disintegrate and disappear into the darkness of the original space.

The subtle body of man is also a black hole

Man also dies like this. He builds up the mental universe throughout life. In the end everything merges into the unmanifest like a dark blackhole. On the new birth of that man, his new mental universe is created from this **mental or individual blackhole**. Meaning, as the information is recorded in that darkness, the new universe also becomes like that. That's why it is said that a man's new **birth** is according to his old births.

Light can be included in a black hole as much as countless stars, but it is suppressed or latent. It is like the subtle body of the soul i.e. the **ghost** after death. The light of the world of many births is contained in it, but it is suppressed, that is, unexpressed. It seems that the light is desperate to come out.

Every living being receives birth and death in the form of a universe and a black hole

Empirical Description of Black Holes

I was telling in the previous post that the soul is reborn in the womb of a mother. This is one of many possibilities. The soul can go through the **sun-etc routes**, it can also go through the **lunar path**, it can go to **heaven** as well as **hell**, it can go to any **planet** or the **other world**, it can be **liberated**, and it can remain **bound**. The real experience of this was done by the wise **sages** only, which they have described in the **Vedas and scriptures**. We try to explain their

experiences scientifically. My experience is that once I had encountered the soul of a close acquaintance. It was like a black hole, meaning it contained the man's entire personality, I experiencing them more than his living time state, even with the effects of all his past lives, but still everything was dark, though like an endless open sky. Just like the whole world is contained in a black hole. It seemed as if the luminous world of his living state i.e. his whole previous personality till now from eternity was suppressed by some pressure, due to this that state was **kajjali** that's **mascara** like or shiny black, meaning it was having **consciousness** and **self-awareness** not as fully darkness, inertness or foolishness as generally thought. It was not having ordinary physical light although having consciousness type of experiential light, and so there was also a peaceful joy in it, although the joy was incomplete because of the lack of well expressed light. Looked just like giving someone happiness but keeping him locked in a dark room. Perhaps it's this bondage like animal tied in a dark room but well fed and watered that's why **God** is called as **pashupati nath** or master of animals. It was as if that suppressed **background light** wanted to burst out in full force and explosion in the form of **expression**. Probably black holes are also like this. That's what it looks like when viewed with **Event Horizon**. You can call the event horizon as the gross body or manifestation form of man, and the black hole as its **subtle body** or suppressed form. In the event horizon, the entire visible world is bright and gross, while inside the black hole it goes into subtlety and darkness, remaining there as well. The subtle body is in a strange state. Then after many days that soul was felt walking in a **divine** like state. Probably she was going towards heaven or liberation. I have explained this in detail in an earlier post. I was deeply practicing **Tantric** Kundalini Yoga during this experience. Perhaps this is what made me worthy of that divine experience. She was a **well wisher spirit**. Similarly, once in the middle of my yoga practice, I also had the experience of the subtle bodies of some **inauspicious spirits**. They looked violent and angry and bloodthirsty. Actually the subtle bodies are felt by one inside his soul or in the form of his soul directly. It is a feeling, for which there is

no need to run the horse of thoughts. Do thoughts tell you the sweetness of sugar? No, it is an inner feeling. Good ideas and thoughts can come from behind with it, that's a different matter. Similarly, with the feeling of those **evil spirits**, some bone-like, red-eyed and big sharp teeth and angry pictures were formed in the mind, but they were thoughts chasing feelings, not feelings itself. The **astral body** is just a feeling, without any physical form. The **brain** is like a **theater man**, which creates pictures according to the feeling or mood. I pacified that bad feeling by remembering **Guru**. That feeling must have been for 10-20 seconds only. After a day or two, we got the good news of a bad incident being averted. In the same way I had told in the previous post how the soul is born. This too, I was giving scientific explanation to the things written in the scriptures, with some of my own light experience, although it is not a deep or conclusive experience. In one **Upanishad**, it has even been said at one place that after reaching the clouds, the soul dissolves in the rain water and comes to the ground, then enters the food plant through the roots. When a man eats the grain of that plant, it passes through his body and reaches his semen. From him enters the womb of his wife and takes birth.

That which is beyond the reach of physical science can be reached only through spiritual science

Physicists are unable to peer into the darkness of a black hole. But Yoga science is pointing out that all the substances exist in it in the form of invisible soul, that is, particular invisible sky, which can be directly experienced by the soul in the form of **special dark sky**, but not through **physical senses**. The subtle body of the living being is also like that.

Black hole is the subtle body and causal body of the universe-body i.e. Brahma

Aliens are closest to us yet farthest by being present in every physical form

This is proved by the above facts. I don't see much of a difference between the disembodied subtle body and the causal body. In both the quantum fluctuations get **recorded** in the soul. The only slight difference is that the subtle body lasts for a short time, because the material creation exists to manifest it in a gross form, while the causal body lasts for a long time, because at that time there is **annihilation** of creation, and Nothing happens in physical form anywhere. Also, causal body appears fully calm because it has not remaining any quantum fluctuations in the form of flashy **ghostly expression** for so long as that occasionally happens in case of subtle body. This means that a living entity named **Brahma** also exists like an ordinary living being, as stated in the scriptures. The universe itself is his body. It is a different matter that he is not bound by it. At the time of annihilation, the universe gets recorded in the soul of Brahma. At the time of creation, it again appears in its old gross form. But the scriptures say that Brahma becomes liberated with his death at the time of annihilation. Then where does that recording remain for the new world? The meaning is clear that he becomes **Jivanmukt** or **lively liberated**, not **Videhmukt** or liberated after death. Means his body and the cycle of birth and death always remain, but with the feeling of **liberation**. But he was Jivanmukt earlier also. This is probably written to show that the movement of the **Jiva** and Brahma is the same. There is no difference between Brahma and Jiva. Whatever you think about Jivanmukt, it is right, because he is not influenced by anyone. It's like some space scientists are speculating that the reason we don't see aliens is because they've been molded into physical objects, and made to be either they are and they aren't together. The entire universe could also be one such giant alien. Probably knowing this, the tradition of considering all things as **deities** and worshiping them in different forms started. Only people who are liberated in life are like this. Then the scriptures say that any living being can progress to become Brahma. This means to me that one can become a complete Jivanmukta like Brahma, not the real Brahma.

If Shiva is a lake, then Shakti is a gust of wind that stirs it

Let us assume that like the movement of water in a lake, quantum fluctuations always exist in space, which we call **latent creation**. Let's also assume that at the time of **Mahapralaya**, space becomes like a completely calm water-lake, in which there is no movement at all, which means quantum fluctuations also stop. Just as the same type of wave patterns are formed again and again in the same order on the surface of the water due to a gust of wind, in the same way, the same type of creation in space also gets formed again and again in the same definite order. But still the question remains in the end that when everything is zero at the end of holocaust, where does that energy or power come from, which starts or increases that movement. Where does that gust of wind come from in the void, which creates the initial movement. Later on, it can also be accepted that due to upheaval, the upheaval itself continues to move forward. That gust of wind that shakes the **space** is the shakti, which the people of the Shakta community believe to be **eternal** and indestructible like **Shiva**. If Shiva is the still space, then Shakti is the gust of wind that creates movement in it.

Chapter 3

Kundalini Yoga prefers the wave nature by ignoring the particle nature from the dual nature of matter

Friends, **black hole** is the **subtle body** of the **universe**. Consider the **Galaxy** as its gross body, and the black hole at its center as its subtle body. Every living being is a sky, and there is a separate universe in it. All are independent and can never destroy each other. It is possible that in the same way there are countless independent gross universes in the same sky.

A man never dies

Not only I am saying this, but scientists are also expressing apprehension that man actually does not die, but after death goes into a black hole and passes through it to another universe. This is the same thing that the **scriptures** say that after death a man becomes a subtle body and takes a **new birth**. New birth is a new universe, because as many **souls** as many universes. Every living being is an infinite space, and the collection of thoughts and experiences in it is the whole universe. Interestingly, like the gross universe, the subtle **mental universe** is also created in **infinite space** itself, and not in the body or mind of the living being, as is often believed. The **brain is just a machine** for generating those virtual waves in space that space can feel within itself. In scriptures like **Yogavasistha**, it is explained that the soul is like the sky imprisoned inside the pot hanging in the sky. It appears to be separate only by illusion, in reality it is one with the infinite sky. **Virtual waves** keep on forming in the sky inside the pitcher, by which the living being is fascinated. Let me refer to the previous post that with attachment to a small part of the

infinite sky, means experiencing the waves as separate from the self-sky, the whole bright **self-sky** feels dark in itself. Actually it is an illusion. This leads to attachment to the **quantum fluctuations** created by those waves too even after death, leading to the illusory darkness that I probably experienced in the **astral body**. It is similar to how in **quantum physics**, when fundamental elements are viewed in particle form, they abandon their wave-like infinite form and behave as finite particles. Meaning infinite energy becomes confined in the form of a particle. Think of it as the light of infinite space is turned off, and only finite light remains in the form of particles. Glowing particles in the dark sky. When we see them as their true '**waves of the infinite sky**' form, they behave that way as waves of space. Meaning that wave is luminous because the space in which it is created is itself luminous. Means the light of the entire infinite space remains on along with the light of wave. A wave made in water can be colored only if that water is also colored. If the water is black, then the wave created by it cannot be colourful. When that wave is to be felt as a particle, meaning independent of water, then the color of the basic water needs to be destroyed, but the color of the wave needs to be allowed to remain. But this is not possible. Therefore the color of the wave-medium that's water has to be made to disappear in virtual form, ie, by creating an illusion, like a **magician's** illusionary trick. That's why even though the real form of matter is waves, they seem to be particles by illusion created by **attachment** and **duality**. It's a simple matter. Meaning that **spiritual ignorance seems to be based on quantum ignorance** in physics.

Chapter 4

Kundalini Yoga shows the same infinite space as all black holes, universes, and living beings

It is not known where a living being went after **death**. Similarly, it is not known in which universe a **galaxy** has gone after coming out of a black hole. Just as there are innumerable **subtle universes** in the form of innumerable living beings in the same infinite space, in the same way there can be innumerable **gross universes** in the same infinite space. Take out as many copies of infinite space as you want. Each copy is as complete as the original, not a duplicate, because more than one infinite space is not possible. Similarly, there is no existence or **independent existence** of anything other than the only one experiential-form infinite space. Whatever **wave, particle** etc. is felt in the **virtual** form in the infinite space, it is felt with its base infinite-space, not independently. Means it's felt by infinite space as a virtual wave inside itself. If those virtual artifacts had their own independent existence, then every **inanimate** object such as chair, stone, picture, statue etc. would be alive, as shown in many **animation films**. The world, thoughts etc. are virtual waves in that **sky-soul**, which are not real at all. That's why only one option remains that only one infinite space is shown as all living beings and universes. This is explained in the **scriptures** by a verse or shloka, "**Om purnamadah purnamidam purnāt purnamuduchyate, purnasya purnmadaya purnmevavasishyate**". It means that 'that' means the **supreme element** named **Om** is complete, means infinite space form, 'this' means soul is also infinite space, even after 'this' infinite space leaves 'that' infinite space, the same infinite space remains in 'that', there is no reduction in it. How can anyone extract anything from the void of infinite space? Because all infinite space is one, therefore all living beings are also one. Just as the **mental universes** of the

living beings located at different places inside different bodies are '**one space form**', in the same way, the gross universes located at different places, although appearing in the same space, but having different independent local existence, have each independent infinite space along with them as their soul. This proves the point of multiverse itself. Just as the subtle universes are innumerable in the form of living beings, similarly the gross universes are also innumerable. Although everyone has their own infinite space, so everyone is an infinite space form, and someday they will merge into it. Although we have always merged, but we will be seen merging virtually. In the same way as there is liberation of the subtle universe in the form of a living being, in the same way it must have happened in the case of gross universe as well. It is a different matter that the **prideful soul** of the gross universe i.e. **Brahma** is already **unattached, non-dual** and **liberated** in his life, as stated in the **scriptures**. The scriptures themselves believe in the multiverse. They say that Brahma is innumerable like the innumerable living entities. Probably they say that every living being crossing the progressive order of development near the last stage of the journey of life definitely becomes Brahma. It is in this context that it is said in the **Gita** that the soul is neither born nor destroyed. Meaning that man never dies. The same is being proved from the above scientific facts that the infinite and void sky can neither be created nor destroyed. Yes, it is definitely that the **confused infinite space** in the form of soul can be united with the **original infinite space** i.e. the **Supreme Soul** by removing its **virtual illusion** in the form of ignorance through Kundalini Yoga. The union is already there, just the cloud of virtual illusion has to be removed.

Chapter 5

Kundalini Awakening vs. Subtle Body-Samadhi

Friends, in the previous chapters I was talking about experiences

like **blackhole** and **subtle body**. **Spiritual scientists** analyze it a little more deeply. I think that what is in physical form, different from the soul that's **infinite** and **void space**, no matter how small the particle is, we cannot experience it as self. Only **soul** can connect with soul, nothing else. By the way, the **virtual wave** of the **soul-sky** can also connect, not the **particles** at all. Because particle is the symbol of **duality**. That is different from the **self-sky**, like the **sky-flower** or **sky-garden**, as the **scriptures** say. If we feel the **Kundalini image** in the form of self through yoga samadhi, then it will be experienced as a wave in self-sky, integral with our soul, not as a separate physical object or particle. What I experienced in the subtle body form was not a wave form. Meaning it was not the same as all physical things are ripples in the form of thoughts of the mind. Means their power or brightness keeps on decreasing-increasing. But that subtle body was dark with a uniform **sooty glow**. Then how I was feeling the full details of it, even more so than one gets from its living physical form. This means that there were subtle waves in it, which were not felt, but all the information recorded in them was fully felt. These waves can be in the form of **quantum fluctuations** or movements, which were not getting **energy** without the body, due to which they were not able to express in the form of gross **mental waves**. Those subtle waves can be also like physical waves. We can understand this in a way that if the energy of throwing a stone in a **pond of water** creates macro waves for a short time, then even after the energy received from the stone is exhausted, micro waves of the same pattern continue to be created for a long time. This is because waves behave like pendulums, meaning they rise and fall by their own intrinsic energy. Then after **death** the

vibrations of the subtle body of a man should continue to decrease and ultimately one should become a vibrationless **Chidakash** i.e. **superconscious sky** or **Paramatma** i.e. man himself should become liberated. In many places the scriptures also point out that this happens, although it is not clearly said, but one who does not have spiritual knowledge or who has lived a life full of attachment and duality, being afraid of that darkness or getting tired of it, soon becomes desirous to be expressed. A new body is chosen by him, and the body gotten is good or bad according to his subtle vibrations. This also means that in the same way, the subtle waves of the blackhole also calm down with time, and it becomes completely one with the infinite and void space like the still ocean. Although it may take millions of years, because it is not a vibration in water but in empty space. But the scriptures also clearly say that **salvation** does not come automatically. Even in the **doomsday** that continues for millions and billions of years, the **causal body** remains binding the soul with itself. I think both are true, according to the time and circumstances, although the second would fit most cases.

By repeatedly meditating on the Kundalini picture, it becomes one with the soul in the form of samadhi i.e. Kundalini awakening. Means by meditating about anything and awakening it, we come to know everything about it completely, as the scriptures say. It has been said in **Yogavasishtha** that on connecting with Vayu in Yogasamadhi one gets all the powers of Vayu, such as **flying** in the sky, becoming invisible etc. Similarly, by connecting with other substances like fire, water etc., having complete and direct knowledge of those substances gives all their powers. Now I cannot do their scientific analysis at this time. But whom shall we meditate upon to awaken someone else's or our own subtle body. Will do for the subtle body only. Don't know how. Probably similar to what is done to **ghosts**. It is said in the **Gita** that those who worship God become gods, and those who worship ghosts become ghosts. So it is natural that the one who meditates on the subtle body will become a subtle body. Because there is the rule of **darkness** in the subtle body, therefore it seems to me that the ghost or the subtle body is experienced in the form

of self by tantric Kundalini yoga with **Panchamakaras** like **meat** and **alcohol** along with **sex** that create darkness and energy together. Ghosts want to contact people and give or take help, but for this man must have the power to withstand the high pressure energy charge of the ghost, which seems to be possible only through dedicated **Tantric Kundalini Yoga**. If the Kundalini picture is related to that particular ghost or subtle body, then meditation becomes successful and effective more quickly. But for how this happens, a little in-depth analysis has to be done.

I got a new insight. The above Samadhi experience was not like Kundalini awakening. Means in that experience I did not get united with the **Supreme Soul**, but got united with another soul. If I had become one with **God**, I would have been filled with infinite **light**, sky and **bliss** for a few moments like Kundalini awakening. Along with this, pleasant thoughts in the mind or brain would rise like waves in the ocean, as I have written in a previous post that the brain works like a **theater man**, who presents scenes according to the mood. However, after experiencing the subtle body for a few moments, the brain started forming thoughts related to it, such as people saddened by his death, etc. Although these experiences were not felt like waves in the ocean, because I was not experiencing that **divine-ocean** in which everything is in the form of waves. Pure experience ends with the rise of thoughts. Thoughts create a noise or confusion. Yogis have more such experiences because they can remain **thoughtless** for longer periods of time. They happen to everyone, but due to the noise of thoughts, they remain for such a short time that they are not recognized at all. As **Osho Maharaj** says that everyone experiences samadhi during the few moments of ejaculation experience during intercourse, but it lasts for such a short time that it is not detected. That's why they ask to increase that time through **meditation**. **Animals** are said to be having some idea of future because they are more thoughtless than human beings, although in a different or ignorance filled way. My this above experience cannot even be called oneness, because **oneness** can only happen with God. It can be said like this that I left my self for a few moments and became

another subtle body. It was as if there was only one **astral body**, but two souls experiencing it simultaneously. The real or host soul was that of the departed acquaintance. The fake or guest or intruder soul was mine. The subtle body can be contacted in the same way. What other way can there be to know the dark void sky. To know their problem or their question, I connected with their subtle body. His words could not be heard by the ears, but were directly felt in the soul. Neither his body, nor his face, nor his words. Still I was able to know everything about him and was able to hear everything he said. Staying in his subtle body, I also replied to him, which he listened to attentively, but in the same **self-language**. Then probably when I started coming into my subtle body to remember my awakening experience, then the noise of thoughts in my head started increasing, due to which the connection was lost. But I had told the main thing. May be that the host had kicked out the intruder. Haha. There may have been many reasons, but the main reason was the fear that I might be imprisoned in his astral body forever, and knowing my astral body to be empty, his soul might occupy it. Brother, first we had to save our house, not help anyone. Anyway, in most of cases one cannot stay in another's subtle body for a long time, just as one cannot occupy someone's house by being a guest. Probably, **Parakaya Pravesh Siddhi** or another body entrance accomplishment is the improved form of this, in which the guest soul resides permanently by driving away the master soul of the subtle body. It's heard that **Indian mystic adiguru shankaracharya** was master in this art. There is a story in the scriptures, in which Prince **Puru** donated his youth to his old father and King **Yayati**. This can happen only if they have mutually exchanged their subtle bodies. In my childhood, I had read and heard the description of a so-called true incident, according to which a British officer says that he saw an old Yogi Baba dragging the dead body of a young man through the bushes. After some time, that young man was alive and crossing the river in a boat. The meaning is clear that the Yogi had taken out his subtle body from his old body and inserted it in the dead body of the young man so that he could do yoga for a long time. Now don't know whether it is

true or it is a pretense when someone's body is possessed by an external spirit, due to which the mind and body of that person comes under its possession. It is rectified by **tantra-mantra** etc. There is definitely something, which only spiritual science can understand better, not the physical science.

Chapter 6

Kundalini awakening differs from black hole visualization

When the experiences of all people are taking place within the same **infinite space**, then any man can relate to the experience of any other man. I mean to say that I am also an **infinite cosmic form** like every living being. I am attached to the **subtle body** created in the brain of a man named **Premyogi Vajra**. Then why can't I connect with the subtle body created in the brain of my friends, Ramu and Shyamu. As my own real form is infinite space, similarly the real form of Ramu and Shamu is also that infinite space. The same infinite space is associated with three different subtle bodies. Due to that my infinite space form became different experience, theirs became different experience. Means the same infinite space started appearing as the three of us as different people, although it is the same. Perhaps I had become attached for a few moments to the **astral body** of my aforesaid acquaintance. This is not a **miracle** but **spiritual psychology**. A conditioned person becomes what he is feeling at that time. That's why while experiencing that subtle body, I became the same subtle body. On the contrary, during the experience of Kundalini awakening, man is in a completely **liberated** state. At that time he is situated in his real infinite **consciousness-space**. At that time all his experiences, whether they are related to his gross body or his subtle body in himself are in **wave** form i.e. false or say virtual. He doesn't feel these even when he feels these. As soon as the experience of a few moments of awakening is over, the light of the consciousness of that shining **infinite sky** is extinguished, and he again feels himself to be the **dark infinite sky** as before. In the form of that darkness, the subtle body of that person is recorded. So why not understand that the subtle body does not exist in the form of any **quantum movement** but in the form of **virtual darkness** covering the light of the **soul-sky**. I am saying this because the acquaintance whose subtle body I experienced

had died and therefore did not have his own body. The soul or infinite space cannot feel any movement outside the body by connecting with it. If this were so, then there would be innumerable movements outside the body in the form of innumerable waves having self existence. Then every electromagnetic wave would be alive. Even soil, stone, chair etc. everything is alive and contains soul, but it is not so. This means that from the beginning of the journey of life, the entire details of a man's life of many births are recorded in the form of a special kind and amount of darkness experienced in his infinite soul-sky. That is called the subtle body. Now let's take it on **black hole**. Understand that the **star** is completely destroyed like the death of a man. Means it is left with nothing in physical form. Only I am not saying this. **Einstein** has also proved through complex **mathematical calculations** that the blackhole gets compressed till the **singularity**. It is a different matter that most of the **scientists** are considering the smallest single particle as singularity, but I am going one step down to **zero sky**. Of course sky seems to be the biggest, but it is also the smallest. Means blackhole becomes a dark sky like a subtle body. Of course there is no one to experience it, because when no special soul was tied to the star when it was alive, then how can a soul be tied to it after its death. The **machine for the bondage of the soul is only the body made of flesh and bones**. When there is no one to experience, then what is the justification of the dark sky. We can't even say that. If this is so, then what is the justification of countless waves in the form of objects like soil, stone, when they themselves are not experiencing themselves, means they cannot experience themselves. Just as **Chidakasha** that's consciousness sky cannot perceive these things in it, similarly it cannot perceive its virtual darkness created by their destruction. That virtual darkness is dark matter and dark energy. After the death of a person, many people are drawn towards him due to grief. Perhaps the initial **ghost** is dark matter itself. A black hole is also **dark matter** in the beginning, that is why it pulls everyone towards itself with its strong **gravity**. After some time everyone forgets the ghost, and while hating it, everyone gets busy in their work as before. Means the evil

spirit pushes everyone away from itself. Probably at that time the ghost becomes **dark energy**, because it also has the power to push everyone away. Probably, in the same way, with time, the dark matter of the black hole also becomes dark energy by getting absorbed in the infinite sky. It has also been proved by science that blackholes also continuously release radiation called **Hawking radiation**, and in this way they get destroyed after a very long time. As dark energy, then it does not work to pull other bodies but to push. Don't know in which universe the information recorded in the subtle body of the departed man in the form of dark infinite space can be expressed inside the man born. That man can be reborn in any corner of the infinite space. In the same way, the information recorded in the **macro subtle body** called Blackhole, the dark infinite space of a destroyed star, may go to which universe and manifest itself in the form of the birth of a new star, nothing can be said. **White hole** and **teleportation** are hidden inside this principle. This also maintains the principle of **science** that **quantum information** is never destroyed. Information passed from the star to dark matter, from dark matter to dark energy, and from dark energy back to the star. In this way this cycle continues like the birth and death of a man. Many people will say that the ghost does not remain contained in a sphere like a black hole. Haha. Brother, this is **spiritual science**. In this, like in **physics**, one plus one cannot do two. Yes, it can show equality. After the death of a person, his soul remains localized like a black hole for some time. It is called a wandering or attached soul. Many people feel this soul. Then it goes infinite like dark energy by fully merging into infinite space. Different spiritual acts are performed in different **religions** so that it can speed up as soon as possible and it can take a new birth through the infinite space.

From the above scientific description, it is clear that the old people knew about **wormholes**, white holes and teleportation etc., though in their own way. They knew that this is not possible with the gross body, but it is possible with the subtle body. So they used to make their astral body as good as possible by doing good deeds, so that it can take

them to a good **planet**, star or universe, because they also knew that quantum information is never destroyed.

Chapter 7

Kundalini Shakti protects from inauspicious and ghostly events

Friends, I was telling in the previous chapter that ancient people knew about **wormhole, white hole** and **teleportation** etc., though in their own way. They knew that this is not possible with the physical body, but it is possible with the subtle body. So they used to make their **astral body** as good as possible by doing good deeds, so that it can take them to a good **planet, star or universe**, because they also knew that **quantum information** is never destroyed. For this reason, we see that today's children are **hi-tech** from birth. They don't even eat food without a **smartphone**. Actually the hi-tech information of their recent past birth is recorded in their **subtle body**. As for passing through a white hole with the body or doing teleportation, I don't think it is possible. Let's assume that some miraculous power made this possible. Still, where will we go because till now no completely **habitable planet** has been found. Some are planning to go to **Mars**, some to the **moon**. Go there later, first go to the higher **Himalayas** and see. Even a one-degree drop in temperature can cause shivering and put life at risk. Go to another planet later, because there will be innumerable such problems, that too in a gigantic form. There are many such places on earth itself, which **science** is not able to make habitable, let alone other planets. There is nothing wrong in maintaining **enthusiasm** and **positivity**.

Scientists are speculating that the matter hidden in the **black hole** can go to the hidden **universe** in some other dimension. An infinite number of dimensions of space can mean an infinite number of copies, as explained in a recent previous post. Now don't know in which copy it goes and take birth again in physical form. It is as if a man goes to who knows which copy after his death. We creatures are in another copy means we cannot experience the universe located in other copies at all. Although we can feel the body

of another living being. In the same way, we can know the other universe in external means in gross form. But other universes are beyond our reach. It is like a person sitting at the North Pole cannot see the person sitting at the South Pole.

Now this evidence has also been found that all the matter in the black hole is buried under very explosive pressure. They probably want to go out with a bang, because no matter what the person or thing, they don't like to be under pressure. Things like air, water etc. move from the area of high pressure to the area of low pressure. Every year thousands of employees change their companies due to unnecessary pressure of work, otherwise they fall ill. But those buried substances of the black hole are not able to run away from the **gravitational force** of the black hole. This is similar to what I was talking about in a recent post about the **spirit** in the form of a subtle body. However, in some cases, black holes have been observed spewing out a small amount of material. Similarly, **ghosts** can also scare people by making scary appearances in rare cases. These are called lost or **wandering souls**. This happens more with those who die of **premature death**. Premature death means the sudden death of a man immersed in worldly illusion. The same can happen to a man with **attachment** and **duality** towards the world. In this man does not get a chance to lighten and reduce his **mental universe**. Due to this their subtle body suddenly becomes made with a lot of pressure. Due to the same pressure, they keep on making scary forms like virtual forms. Don't know how. Some have more pressure of good thoughts, that is why they experience **heaven**. Many have a lot of pressure of bad thoughts, that's why the same thoughts continue to erupt outside in the form of an experience of **hell**. By the way, the ghost lives in the form of **darkness**. There are no resolutions or thoughts in it. But the thoughts and choices are hidden in it in the form of darkness of the soul. When a man comes in contact with such a **soul**, those hidden thoughts come alive in his mind. They can be so powerful that they can even appear to him in their true physical form. This is called seeing a ghost. Bhoot in Sanskrit means past. Means it happened in the old time, not now. That's why in **ghostly movies**, the poignant incident of

the living time of the soul which became the ghost of a man is shown as a ghost and scares. If someone encounters such an imaginary ghost, then it is said that one should not talk to it. Because don't know what a scary sight the clever mind can show in a falsehood, due to which heartfail will happen. Another example of a trick of the mind is the arrival of the black **Yamraj** sitting on a black buffalo to carry a dying man with him. It is also written in the **scriptures** and it is also a universal experience, meaning it is not limited to any country or **religion**. Actually at that time there is such a mental state that the mind creates such an imaginary scene which seems like real. Physically, no buffalo or Yama comes anywhere. Once, in a vivid dream, a black buffalo led me on its back through a dense dark forest towards the top from lower side of the hill. That darkness was **divine** and **blissful**, like the subtle body of a great man or a **saint**. That buffalo ran away leaving me in the middle of the way. Then I climbed up and reached that lonely and medium height hill. It was a **supernatural scene**. There was a two or three storied divine hut. The light was divine and like the moon or a candle, yet dazzling. When I came out in the open courtyard or terrace of the second floor, there was a divine Sadhu Baba. My newly written book was in his hand and was smiling happily saying that he had received it from the post etc. and he was waiting for me. He respected me affectionately and divinely. Soon the dream broke and I passed out of that divine feeling. I have also described this on the about page of this website.

Let me narrate an incident regarding the lost soul. I used to go to a dhaba on a beautiful hill to have lunch occasionally. Veg and non-veg food was prepared in it. It was heard that once at night some miscreant customers, after an altercation over the bill, forced their car over dhaba owner's father and fled. The death was sudden, and painful, so it was a premature death. After that whenever I used to go to that dhaba, I used to feel **strange energy** there. Along with this, every time one or the other bad incident happened with my relatives, it was averted. Probably Kundalini used to save me, but due to not doing Kundalini Yoga, it used to affect the weak minded relatives. Probably some effect of Kundalini used to reach them as well. After that I completely stopped

going there. Ordinary religious rituals are performed by everyone, but after special death they should be special and powerful, so that the departed soul may rest in peace. Similarly, once I slept in an acquaintance's house. At night I saw burning wood falling on me from the roof. I screamed too. Then I meditated on **Guru** and **Kundalini**. This removed the ghostly vision and I fell asleep. There was an old history of such ghostly incidents and premature death there. In brief, the incidents heard by the eyewitnesses, a person used to see lights floating on the water at night, which kept on burning and extinguishing. A nearby **haunted** family had buried the ghost in that water by tying it in ballasts. Perhaps small pieces of stones or such instruments that's **yantras** are called ballast. A friend saw children playing near a deserted road in the middle of the night who were growing up and going small too. A friend used to hear door knocking at night in a **haunted house**, on opening the door it seemed that something ran inside and came out with the sound of some objects from a hole etc., but nothing was visible. My past gentleman and innocent neighbor as directed by a **tantrik** went to the **crematorium** or **burial ground** alone at night so that his endangered business would be safe. In the morning he was found dead there. The report revealed that he had **heart failure**. But my grandfather was so brave that he used to say that he could sleep comfortably alone in the crematorium. Just a bed sheet is needed to cover the top. He had a lot of **Kundalini shakti** inside him. **Hanuman Chalisa** is considered best in exorcism. I also feel that Hanuman Chalisa immediately activates the Kundalini Shakti and **Kundalini picture** strongly. Yes, the same **Lord Hanuman** gives power through this chalisa, which has been perfected by **pundit Dhirendra Shastri of Bageshwar Dham sarkar**, and by which he shows many **miracles**. What I found most thrilling, saving from fake gurus and highlighting family love, is that his **grandfather is his godfather or Guru**. Many so-called **magicians, secular** and **heretical** people came forward to expose him, but could not succeed. Nowadays it has become a **burning topic**.

Then it is said that black holes pull the shining stars towards them and swallow them. Meaning they are mortality-inducers. The subtle body is also a form of death. Life revolves around it. It is at the center of life, and with increasing age pulls life more and more towards it. In the end life ends by falling into it. The subtle body of a man exercises control over every activity of his life. It is said that those impressions remain in the subtle body that's **subconscious mind** only called as **Sanskaras**, which affect the behavior of a man. Similarly, the black hole also keeps all the planets, **stars** and other **celestial bodies** attached to it under its control and rotates them around itself. Similarly, dark energy and **dark matter** also maintain the balance of the entire universe. Then it is said that a black hole not only swallows its parent star, but many also swallow countless other stars. Even the subtle body of a great soul such as a great **leader, sportsperson** or any other great **artist** attracts countless followers towards it. After his death, his followers live in an atmosphere of mourning and despair for many days, many commit suicide, and by spreading **riots**, many commit **Genocide**, that is, mass death. Of course they all get absorbed in a big blackhole, but their separate existence also remains.

Chapter 8

Kundalini yoga shows the DNA as subtle body and the dark energy or dark matter

subtle body is made up of five sense organs, five action senses, five pranas, one mind and one intellect. It is the subtle body that goes to the other world, not the **gross body** made of flesh. One can say that when the gross body is destroyed, then how can these senses, life force etc. remain, because all these are the dependents of the gross body. This is the trick. You can also call it the **art** of describing in **writing**. If the author wanted, he could have written directly that the body and all its activities get recorded in its subtle body. But this description would not have been attractive and easy to understand. Because the body and all its activities are dependent on its **mind, intellect, knowledge based sense organs, action based sense organs, and the five pranas**, so it is said that the subtle body is made up of these five types of things. I didn't have such an experience. I did not feel these things separately in the **astral body**, but felt one undivided darkness in which the impression of all these things was felt. The meaning is clear that the subtle body perceives through its **soul** only, decides through the soul, works through the soul, receives the experiences of all the senses through the soul, and performs all the activities of daily life through the soul. Means all the past lives of the **Jiva** are fully recorded in the subtle body, which he continues to experience in himself as self. In a way, it is a combined average form of all the previous births. Many people would think that the subtle body would be a mind without a body, in which **waves of thoughts** would keep rising in the empty space, but then what was the difference between the gross and the subtle body. Anyway, the existence of the gross mind is not possible without the support of the gross body. For example, consider the **diamond** in your ring as a subtle body. All the

information from its birth is recorded in it. Once upon a time it was pure energy. With the creation of the **universe**, it became a tree on earth. Then, due to **earthquakes** etc., **coal** was formed by tree being buried hundreds of kilometers below the earth. Then stone coal was made. For millions of years it has withstood extreme temperatures and pressures. There were many changes in this. It performed innumerable actions and reactions. It took countless years. Then it was dug out. Then carved. Then you bought it and put it on your ring. All these information are recorded in this diamond. Although we do not get to know these information in gross form by looking at the diamond, but we do experience those information in subtle form, only then we find diamond very beautiful, attractive and precious. Similarly, from the experience of someone's subtle body, the whole past details of it are not known in the gross form, but it is experienced in the subtle form, by experiencing its average nature. In the **Gita, Maha Yogi Sri Krishna** says that he knows all the previous births of **Arjuna**. It does not mean that he was feeling all the scenes in his mind like **tv screen**, rather it means that he was feeling the essence of them all in the form of his subtle body. The style of the **scriptures** is such that they often do not analyze the facts completely and leave them in a **miraculous** or **mystic** form, so that the reader becomes bewildered. These experiences are subtler than experiences from the gross body, although it seems to us, instead to the subtle body, they may seem as powerful as the gross experience, because in that state there is no interference from the noise of thoughts of the living state, which cloud the experiences. In addition, the experiences of all past lives remain in the soul all the time in a subtle form, while in the gross body it remains buried in the noise of gross thoughts. Yes, it cannot take new experiences, because for this the physical body is necessary. That's why there is no further development of it. It has to take birth as a gross body for further development. To me, the subtle body seems to record all the information of the organism like **DNA**. Similarly, to me **dark energy** or **dark matter** also seems to be the **eternal DNA** of the gross universe.

The equivalence of dark energy and the subtle body can be proved only if we do not divide subtle body into compartments and consider it as a single **dark sky** in which all the information of its gross form is recorded in the form of subtle form as waveless or unchanging experiences in **self-sky**. Please don't mistake this as complete **self-realization** i.e. self-knowledge. This is the highest level of self-experience, which is of a single kind, and in which no information is recorded i.e. it's the pure self-form, while the subtle-body as self-experience is of a very mild degree, and contain many hidden information. According to the experiences attained in the gross body state there are innumerable types or levels of subtle bodies. Hence only in this undivided encoded form, subtle body will be fully like dark matter or **black hole** as described earlier according to famous verse "**Yatpinde tat brahmande**".

Chapter 9

Kundalini Yoga practice will make our universe liberated one day

Friends, a man has to go against the course of nature for salvation. Nature developed life only by taking the support of lies, which has reached almost the highest development of man today. But now there is a need to stop this false flow of nature, there is a need to expose the lie of nature i.e. illusion, there is a need to take support of the truth. It would be better if everyone does this together, because everyone needs liberation. This is possible only through witnessing or Vipassana, which is most effective during yoga. In this post we will explain the salvation of man with the help of salvation of blackhole. No one says anything about man, why there are as many space or universe as there are men. Only physical spaces are being searched. Every man is an infinite space, a universe of his own kind. Are not all the many creatures as many pits or blackholes in the same infinite sky. A new infinite space is formed from a blackhole. The original space remains the same. There is no shortage in that. Science says that space is infinitely warped by a blackhole, meaning that the crater of space never ends. That's why the light that has gone into it never turns back. It goes on and on in that new direction. There is no reduction in the original space, because it is like an infinitely wide three-dimensional sheet. The same is also said in the scriptures about the soul that it is infinite and complete, the God from whom it emanates is also infinite and complete, yet there is no reduction in the original infinite. This is a mantra, "Om purnamadh purnamidam....." , which was also written in an earlier post. People say where do so many souls come from, where do they go etc. It is a similar question that where do so many black holes come from and where do they go. Both are infinite and identical. Once a soul starts its journey after leaving the Supreme Soul, it keeps on gathering information within itself. Where does

the initial cratering information come from in the Chidakash, such that the mass of the star forms the crater of the blackhole. Will explain this later. Science also says that information is never destroyed, it sometimes appears and sometimes becomes invisible. In this way the soul remains trapped in the web of information, and keeps on taking birth and dying again and again. In the end, sometimes it merges its mind-like information with the supreme divine through yoga etc., and it becomes free. In that case too information does not get destroyed, but gets united with the divine. By being destroyed, it keeps on being born again and again in the same plus developed form. The meaning is clear that after death a man is born again, but the yogi who does not die, because he merges his mind with the divine through yoga before the body is destroyed, does not take birth again. The original space of all, which survives even when everything is finished, is God.

The same happens with stars. Due to its destruction, its information ie. its material is not destroyed, but it gets encoded in the form of blackhole in a subtle form. The other information that gets absorbed inside it due to gravity also gets encoded. Those inputs reappear as another star or universe is born inside the blackhole. Sometimes they disappear again, and then they reappear. This cycle continues. Sometime it must have happened, when those informations get merged in the Supreme Soul i.e. Original or Parent infinite sky, without getting destroyed. That may be called the liberation of the star. So far scientists have probably not found anything like this, because they have so far believed that information never gets destroyed. They are also fine because information did not get destroyed even in the end, but merged with the original space. But maybe it is not known that that information will never come back from the original space again, other new information will surely keep coming. But human psychological theory of liberation says that information can sometimes be completely destroyed. Without a separate symbol or encoding inside ultimate as super microform, it is not the destruction of the information, but the non-revealing of the information in separate form, from where it appears again in the microform

and then macroform. This means that someday all the information in this universe will be ultimately destroyed or liberated. Then a completely new universe will be created, in which all the information will be new, because there's no encoding of previous creation's information anywhere. Now don't know in what form this new form will be. Meaning that the universe can be of countless types and forms. Means as laws of conservation of mass and energy are obeyed in closed system, the same is obeyed in open system of infinite space too. Means countless mass and energy in the form of countless worlds can emerge from space with nowhere origin because space itself is infinite form of mass and energy, infinite coming out of infinite and going to infinite, in this way too everything is conserved. Means the universe will also do Kundalini Yoga someday, and will be liberated. Means such a time will come when the universe will not be encoded in the blackhole, instead will completely merge in the great space, which means the liberation of the universe or Brahma. It is also said in the scriptures that even Brahma has a certain age limit, after which he becomes liberated, he does not die. But I did not read in the scriptures that Brahma also takes birth and dies again and again like a common man. Climbing the stairs of self-development, even an ant can become Brahma. Perhaps the birth and death of Brahma is not shown because he is not bound to the universe like an ordinary living being is to his body. Brahma is always liberated. The liberation of the universe itself has been called symbolic liberation of Brahma. It may also be that Brahma is associated with the universe by a very crude bond. When the universe is encoded, that Brahma becomes liberated, and the new upgraded Brahma joins the encoded universe to become expressed in gross form later on with it. Anyway, the universe that is formed inside the blackhole will be smaller than the original universe. This means that its stars will also get smaller and smaller. Such a generation of blackholes will come, in which the stars of the universe inside will become so small that they will not be able to make blackholes. Then, instead of being encoded, the universe will merge into the original sky, which means it will be liberated. In a way, it can be understood that the universe continuously removed the garbage of information from inside itself by the practice of

Kundalini Yoga. At one stage its garbage was reduced to such an extent that it could not take birth again from it, but simply became liberated. Meaning that as a man is freed with yoga practice, so is the universe. Anyway, the stars which are less than a certain mass, they cannot form blackholes so they merge directly into the sky, which means they become free. According to the scriptures, King Khatwang attained liberation within two and a half gharis or one hour when he came to know that he would die within this time. No one can dump all the garbage of the mind in this much short period. Yes, it can definitely be reduced to such a low level that there is no bondage. Consider King Khatwang as a large mass star. By colliding with some other body, etc., he reduced his mass below that limit, which is necessary to make a black hole. You can consider that confrontation as any energy-rich intense meditation. That's why one should keep doing yoga, whether one gets awakening or not. Lord Krishna has also given the most importance to Yoga and has told Arjuna that O Arjuna, you become a Yogi. Because human psychological theory says that when the mind of man or mental garbage or simply ego reaches below a certain limit, then it will definitely be liberated, as we told about the case with a star as well. If only awakening was necessary for liberation, then there would have been upheaval in the world. The liberation of so few people would have likely stopped the life flow of so many souls.

Chapter 10

Kundalini Yoga shows Om is the singularity in which the blackhole is contained

Whatever matter-like information goes into the blackhole, it remains in destroyed or inaccessible form. In the same way, the subconscious mind of a man also preserves all his information in the form of thoughts from time immemorial in its destroyed form. When those thoughts are brought back in a visible or manifest form through witnessing, meditation etc., then they gradually become loose and merge into the divine. When all thoughts dissolve, the soul or the subtle body becomes free. Probably, due to the formation of physical world again and again in the same way from the blackhole, those informations keep getting loose and in the end they get united with the God in the form of supreme sky and never come back again. Meaning the blackhole becomes free. There is a catch here. A black hole does not become free by being a gross creation again and again, just as a man does not become free simply by being born again and again. When the information from the blackhole continues to come out in subtle form, in that form it merges into the supreme soul, not directly. Perhaps those microscopic information are Hawking radiation, in whose form the entire blackhole will someday dissolve. Of course it takes a lot of time. Where does it take less time for the liberation of the soul. **Hawkins radiation** also emanates from the blackhole, and it also creates new creations simultaneously, of course, the size of the new creations gradually decreases. In the same way, man's practice of witnessing also goes on in more or less form, and along with it new births also keep on taking place, of course, in the future births, the noise of the mind's thoughts keeps on decreasing, the ego keeps on decreasing. Science says that the more matter enters inside the black hole, the more its gravitational force will increase, and the thicker the accretion disk outside it will be. At first I

wondered how it could happen that when the new infinite sky was formed, then the matter that entered it should spread out into the infinite sky, and that should not affect the accretion disk. Also, once an infinite hole has been formed in the original infinite sky, how can that hole get bigger as more matter enters inside, because nothing is bigger than infinity. And increasing gravity actually means increasing the depth of the pit in space. But I found the solution by comparing it with the soul. When the individual-infinite space in the form of soul is formed for the first time, it is like a newly formed blackhole. First thing, how the soul is made. When the first thought of the mind is formed in the smallest creature, Chidakasha or conscious sky i.e. Paramakasha Paramatma bound with it feels it within itself. Being attached to that thought wave, he immediately forgets his Paramakash or Mahakasha or supreme sky form. He lives in the same great space, but forgets its super existence, knowledge (true knowledge) and bliss to a great extent due to delusion. This became the origin of the living space within the great space. However, the cosmic God remains the same, without change, in his original form. It means that the soul has originated inside the Supreme Soul. Now coming to blackhole. A big star ran out of fuel inside it. So there is no force of hot gases towards the outside to counter the gravitational force towards its inside. This causes it to continually shrink within itself to the smallest possible form. I think that form is the most subtle thought of the mind. Because in front of it even the fundamental particles like proton, electron etc. are gross. The smallest thought is the mental sound of Om. The proof of this is that with it the soul has the least illusion of its absolute form. Even the illusion seems to end. That's why Om is uttered spontaneously from the mouth of Brahmagyanis and accomplished Yogis. The more the other thoughts keep on increasing, the more the confusion keeps on increasing. So the smallest thing became the sound Om. The origin of the soul is probably from Om itself, because Yatpinde tat brahmande. A gross object cannot pierce the sky. If it were so, then each stone would be a separate soul or living being, each particle would be alive, and would feel its own separate existence in the infinite sky. But this does not happen. Only the thought of the mind can pierce the sky. That's why as

many living bodies i.e. brain or mind, there are as many separate infinite skies as souls of living beings. That's why mind is needed to create a new universe, because it will be created only when there is a hole in the sky. Om is the subtlest mind. That is why it is said in scriptures that the universe originated from the thought of God or Brahma. From Om made of super compressed star, Moolakaash or original sky bound to it forgets its original form and becomes a new complete sky. Although the original sky remains the same. This has been said in the language of science that a singularity made of a star creates a pit of infinite depth in space. Perhaps Om itself has been called singularity in science, because it is not known what it is. Just figured it's the tiniest thing. Probably we have proved that the smallest thing is Om. Then it is said that due to the explosion in that singularity, the creation of the universe starts spreading. It has been said in the scriptures as well that the universe originates from Om. It also means that even a small thought has a mass equal to hundreds of suns, that is why it makes such a big hole in the three-dimensional sheet of the original sky that a new sky is formed, means a new independent universe in the form of a new independent soul comes into existence. But it is surprising how the creature who can create the universe remains pathetic and dependent. So if warp drive were to be built tomorrow, it would be some kind of machine that could fold the sky as much as it is wanted. This would take you on a trip to space. It is possible that aliens come to earth with the help of such a Om machine. People involved in the case of alien interviews after the so-called UFO crash claim that aliens have spiritual techniques, and that they recognize their true nature very well, like yogis. To them the human civilization on earth is like a monkey civilization. Then after birth, the soul expands its scope. It keeps on receiving information from outside through different senses like eyes, ears etc., and keeps on growing. It is as if the blackhole keeps on swallowing the outside matter, and keeps on increasing its mass. The greater the soul, the greater is the scope of its influence. Where the range of insects is up to a few inches or feet, there is so much information inside the minds of great men that their sphere of influence extends to the whole nation or the world. People

from all over the world are drawn to them. Their sphere of influence can be compared to the accretion disk of a black hole.

The universe continues to be created from Om and also remains absorbed in it. Someday instead of just one star, the mass of the entire universe will shrink and merge inside Om. This would be called the formation of the ultimate blackhole. It will not get anything to swallow. Due to this, it will die of hunger soon, that means then that Om will also merge in the supreme sky. This is called holocaust. The holocaust will continue for a long time. Then at the beginning of the creation Om will appear again containing the mass of all the old creation. There will be a big bang or great explosion in it and the creation of the universe will start again. This process is repeated again and again. Now many people will say that the black hole has swallowed only a negligible amount of matter in comparison to the universe, how can such a big new universe be formed from it. But brother, the eternal sky would have been formed by Om. New substances can also be formed in it. The swallowed material from the old universe is just a beginning. It is also like a child carrying information from his past life in a very subtle form or most primitive organism feeling first Om sound as first thought in its mind, which appears to be negligible compared to the whole of the past life or its mental creations to be created later on. Then he collects some information from outside also, that too is negligible. He himself creates most of the information within himself through his creativity, through his actions, thoughts etc. In the same way, the first micro organism to be formed has only the subtlest thought of Om, but as it develops, it also becomes Brahma, in which the whole universe is contained. This also means that no matter how small a black hole is, it can form the largest universe, because it forms a vessel of infinite size in the form of an infinite sky. And where there is a vessel, rain water also gets collected there.

Chapter 11

Kundalini Yoga's Sankalp Purush confirms the origin of the universe inside the blackhole

Even the crater of the infinite space became the same infinite space. How can it be called second infinity? The hole made in the sheet is also made of the same sheet, it cannot be called a second sheet. A limited sheet can make only a limited pit. Why can't there be an infinite crater in the infinite sky? While a small mass of an object can make a small crater in the sky, an object of infinite mass can also make a crater of infinite size in an infinite sky. Because the size of the singularity formed by the collapse of the star is infinitely small, its mass is also infinitely large. That's why it makes a pit of infinite size in space means blackhole. That's why a blackhole is a crater. Meaning, of course, its origin is in the sky, but it is empty, that is, it is untouched by its creator's composition. How to consider the size of Om as infinite small. Infinite big size is zero sky. But the infinite small size is also zero sky. Virtual appearance can be different. Call former as super consciousness sky and later as super dark sky. Means a new sky was formed from a dead star. That is why the sky of the blackhole does not end, because the new infinite sky was formed due to the continuous shrinking of the star in it. But it is impossible to have more than one sky, that's why it is not a separate infinite sky but there is a pit of infinite size in it. Om is probably the name and form of the indescribable sky. Because sound is a wave, which spreads everywhere in the sky like a light wave. It is a different matter that it cannot be detected everywhere. Anyway, the word or sound has been called the quality of the sky. Then why only Om sound has been given the form of sky. Perhaps because it is the most simple and basic. The word Om is made up of three letters A, U and M, which mean creation, sustenance and destruction respectively. The sky also does the same. It first creates the world within itself, maintains it for some time, and then dissolves into itself. Means Om is the name of the infinite sky. To be precise, perhaps an infinitesimal pit, because it is formed from the most fundamental thought. But a hole in the

sky is not that simple. There is some secret hidden in it. Then, if God is the infinite sky, then the soul is an infinite dark hole in it. The crater in the empty sky will also be special, not ordinary. We cannot make a hole in the sky. Yes, there is a way, to show it like a pit through illusion or virtually. Then there will be infinite sky, and infinite pit in it, both together. The soul is such an illusion in the Supreme Soul, it not being the real one, as written in the scriptures. But if such an illusory pit is formed in the material sky also, then all matter and even light, confused, fall into it. Even in the pit like soul, the outside world keeps falling, of course in a subtle form. Various senses keep increasing the effect of the soul by collecting various information from outside. Of course blackholes can't feel the illusions like souls as it's non-living. Everyone falls towards the dark well, whether the well feels it or not. Now it is not known, what underlines that pit. May be, there is a virtual wave of the sky. Just like a sheet is made of thread, similarly the sky is also full of virtual threads or waves. Air, which is not as dense as the thread, fills the empty space in the pit of the sheet, so the ball placed on the sheet rolls towards its pit. Similarly, due to the weight of a heavy body, a hole is formed in the virtual fabric of the sky. In the empty space of that crater, a less dense virtual fabric than in the unbroken sky outside is woven. That's why other small bodies around roll towards that pit, but it seems to us that the big body is pulling the small body towards itself with the force of gravity. It is like air flowing from an area of high pressure to an area of low pressure. The void sky is the only one, but due to virtual waves, a virtual pit is formed in it. This means that all the time virtual waves and particles in space exert pressure on objects. This has also been proved in the experiment of Casimir effect. Probably this pressure also pushes the bodies towards the pits made in the sky, which is called gravity.

Man is actually a special kind of sky. His body is just a machine to create that virtual sky, like a blackhole. Virtual waves are always being formed and disappearing in the sky, but no one, not even God, experiences them, just like the ocean does not feel its waves. The example of this ocean and its waves is found in many places in the scriptures. The brain also creates similar virtual waves in it, but it is felt by the

virtual supreme soul, and in confusion forgets its full divine form and becomes the living soul. Think of it as an infinite crater in the sky like a blackhole. It seems that the universe will not form again in the sky of the blackhole. Because that network of virtual waves is in the outer original space from which substances are made. But the mass of the star in the sky of the blackhole is also encoded, probably in the form of dark energy or dark matter whatever. It creates a new universe. Or in the sky of the blackhole, other and lighter types of virtual waves are created which make matter and the universe. Then sometime a blackhole will also form in that. Which will again create a new universe. Don't know where this series will stop. However, with Kundalini Yoga, the cycle stops soon. The word Sankalp Purush is written in many places in Yogavasishta. Perhaps it is said of man that is a man of the mind of Brahma, not a real man, but a dream. Similarly, when a man meditates on a deity, guru, lover etc., he or it becomes his resolution man. But whether that dream-man feels his separate existence like us, it is worth considering. Many civilizations believe that as long as an ancestor is remembered by his descendants and worshiped through religious ceremonies such as Shraddha, he resides in heaven. An excellent animation film named Coco has also been made on this. This means that we cannot create a new existence by meditation, but if we meditate on the pre-created existence, it gets nourishment from it. Then it can also happen that a Yogi of a high order can create a new human being with his mind like Brahma. There are many such stories in the scriptures. A sage had created the desired worldly furnishings and natural scenery for his post-marriage romantic touring with his yogic power. It's just like a black hole creates another universe exactly like its progenitor universe. If the Sankalp Purush of the scriptures is possible, then the origin of the universe is also possible inside the blackhole. A black hole is a crater because it is devoid of the virtual waves of the original sky, which means it is empty. Meaning, of course, its origin is still inside the sky, but it is empty, that is, it is untouched by its creator. Although, parent sky's virtual waves are still there at their original place but a new space has also been formed overlaid over it but devoid of the

effect of parent sky's virtual waves. How can it be. Simply said, it is only one and one space, but its countless forms are there at the same time wrt virtual waves. Amazing stuff. I was also telling in a previous post that there can be innumerable universes at one place in the same infinite sky. Probably the virtual waves of all of them remain unaffected by each other. The same happens in case of soul too. There are innumerable number of souls or individual infinite spaces in the same single infinite space not noticing or affecting each other's virtual and subtle creations or subtle universes in the form of thoughts. In the case of living beings, the virtual waves of all living beings are the similar, yet they are out of reach of each other, perhaps it is the same in the case of gross universes too, that means the virtual waves in all are similar, but one universe is Completely unaffected and disconnected from all other universes at the same place. Everything in the departed soul resides in subtle means unmanifested form, hence there is darkness in it. That's why there is darkness in blackholes as well. Probably, this dark feel is the dark energy, not any physical stuff, that's why it appears to have been the so called smallest physical entity or singularity or Om. It would be better to say dark matter, because it has mass, which has the force of gravity. I think both are the same thing, sometimes it behaves as energy, sometimes as matter, just as the darkness of a man's mind sometimes appears calm, light and blissful, and sometimes dense, heavy and sad. With the first type of darkness man tries to run away from the world by turning towards yoga etc., but with the second type of darkness he attracts worldliness towards himself. The special feature of yoga is that it tries to lighten the dark matter and convert it into dark energy. This is similar to how dark energy has the property of repelling, but dark matter has the property of attracting. We find a description of this in the scriptures when someone asks a sage that how is the creation after the holocaust, the sage says that there is such a dense darkness that if one wishes, it can be filled in a fist. This is talking about dark matter, because only matter can be filled in a fist, not an empty sky. I think that of course it is not ordinary matter but it feels solid like it, just as quantum particles are actually wave forms not matter, but also behave like matter.

Chapter 12

Kundalini Yoga transforms dark matter into dark energy

Friends, in the previous chapter it was being talked about that dark energy runs out to be free, and dark matter shrinks in to get bound. That's why yoga should be done so that the portion of dark energy remains more in the mind, and the possibility of man's liberation remains more, as darkness cannot be completely eradicated. Together, it is also concluded that the countless black holes of the universe are like the countless creatures of the earth. Just as there is a microcosm inside every living being, similarly there is a macrocosm inside every blackhole. Thus there are innumerable universes in the single and same infinite sky. As there are subtle universes of different sizes and types inside the brain of different living beings, similarly there are different sizes and types of physical universes inside different blackholes.

Bored of its darkness, the blackhole starts eating the bright bodies outside, so that the brightness inside it can increase. But after a momentary glow, those bodies increase its darkness by entering into its own darkness. If the blackhole does not get anything to eat for a long time, then it gradually merges with the original sky and becomes free, probably through emitting the microscopic Hawking radiations.

The creature or man also behaves in the same way. He perceives the outside world through various senses to reduce the darkness of his mind. He perceives the world in the form of sight through the eyes, in the form of hearing through the ears, in the form of taste through the tongue, and in the form of sexual intercourse through the genitals. For a while he feels light with joy, but that world also works to increase his darkness by merging into the dense darkness of his inner self. It has been repeatedly said in the scriptures that the more a man tries to get materialistic happiness, the more he becomes unhappy. Sometimes he practices yoga by avoiding

the temptation of worldliness. Due to this, the garbage of his mind keeps coming out, due to which he sometimes becomes quite clean and soon gets liberated.

Our universe may have formed inside a very large black hole inside another very large universe. As many blackholes as there are in our universe, there are universes of different sizes according to their own size and swallowed substances. The blackholes inside them also have separate universes. In this way, this tradition can go to very small black holes and microscopic universes, or it may be that this tradition does not end anywhere. But to become a black hole, the star must have a certain mass. It may be that in other universe that limit is more or smaller. The boundary of our universe is the boundary of the blackhole, outside which we cannot see because the ray of light that comes from outside does not come freely but comes from the attraction of gravity of the blackhole, so it can be in the form of such an invisible wave. Such thing has not been seen yet. Or it should not be in the form of wave but in the form of individual and virtual photon particles. The biggest reason seems to be distance. The limit of the universe is very far. By the time it reaches us from there, the light beam must have become so weak that it cannot be caught. Oppositely, it seems that we neither go out of blackhole nor can get anything from outside it, because it's already infinite sky and infinity never ends. It also seems that the amount of matter in the universe is limited and determined. The same cycle keeps appearing and unmanifesting again and again. It may also happen that when the universe starts forming in the black hole, then it leaves or reduces its gravity, because then the universe is expanding outwards from the big bang. Even if gravity remains the same, its effect will not be visible, because the push of the big bang will also be felt outwards. This will probably happen when the dark matter of the black hole is converted into dark energy. This dark energy keeps pushing all matter and objects away from each other after the Big Bang, causing the universe to balloon. The same thing happens in humans too. When he is tired of worldliness, he engulfs the whole world in the darkness of his mind and sit calm. It remains like that way for some time. Then for some

reason he turns to yoga. Yoga reduces the darkness of his mind, or it becomes light. He feels empty in his mind. Inspired by that, he again starts expanding the world of his mind. Perhaps due to Hawking radiation exiting from the blackhole or some other extraction, its dark matter becomes light and turns into dark energy. Then the Big Bang and the expansion of the universe starts inside it.

Man bears a great deal of resemblance to a blackhole. The more information a person is filled with, the bigger the blackhole it creates after his death. From him those informations then appear in the form of his reincarnation. I think that the dark matter that holds his old life together after death remains the same for some time. Then with the passage of time it turns into dark energy. It wants to increase his mental world again, but for that it is necessary to take birth in the body of some living being first. This can be called the creation of a new subtle universe. Going forward, he also builds another human life, by giving employment to someone, or by giving education to someone. One creates a new man in the form of his son. Meaning, he creates blackholes in the future as well, some man creates less number, and some more. That son will be called younger than him in terms of blackhole's buried information. In a way, a micro universe from the black hole inside itself has a new black hole as a son or other progeny. He also takes that tradition forward. The information that is buried in the mind is the blackhole. Means the subconscious mind is the blackhole. It never sleeps. It keeps on eating all the information like a blackhole. Countless information is buried in it from the countless births of a man. And to say that blackholes are also not completely stationary, but like other celestial bodies, they seem to be moving in space. It means that due to their movement, the infinite space inside them also continues to move. But there should be no surprise in this, because when the living beings move, even at that time the infinite space inside them is moving.

Chapter 13

Kundalini Yoga Shakti helps in scientific thought experiment

Space is expanding, galaxies are not running away. Even before the Big Bang, there was space. Then the space inside the blackhole began to expand into infinite space itself, illusionarily. As a man increases his knowledge, he feels that he is expanding like space. In normal condition, his space form seems to have been shrunk. Actually the space is not spreading but the dark energy captured inside the blackhole is spreading. Infinite space has been created inside the blackhole, but the dark energy has not spread in that entire space. Because dark energy has no physical form, it appears that space is expanding, meaning the space of the blackhole is expanding inside the progenitor space. Of course the whole star was shrunk to a singularity, and that singularity is dark matter, which is as subtle as space itself, i.e. infinitely small in size, yet it is localized somewhere, and not spread throughout infinite space. This is also like an illusion. Of course, we humans are also infinite space, but we do not feel so. We perceive our nature as a localized darkness confined to the body or mind. Blackhole seems to get delusional like man. That's why it becomes dark. It is the supreme energy but its light is felt missing. That's dark matter. This inspires a wave to form and grow in the same Supreme Light means God, like a wave of mind in the dark soul of man. The dark energy increasing worldliness expands the universe only for liberation, because it knows that the path to liberation passes through the world. If the black hole does not pull the outside celestial body with great force, it will remain on its surface and will probably often come out in the form of radiation flame. Similarly, if a person does not enjoy the world with a lot of attachment, then it does not sit deep in his mind, and it is easily removed by doing yoga etc. With it, the other celestial bodies buried deep inside may also come out, due to which the dark matter keeps on diluting and turning itself into dark energy. The

same happens with Yoga when deep inside is also cleared with it.

Nature tries to create balance by following maths. It is like that nature has to change the speed of time in order to keep the speed of light same in all conditions. This is what the theory of relativity says. Now when the mass of the blackhole has become infinitely high and it has become infinite subtle, then according to the formula of mathematics, a pit of infinite size will also have to be made in the sky. This is probably not possible, so it is created in falsehood or illusion. The illusion is that due to the blackhole the light of the original i.e. Parent infinite sky disappears. This is dark matter. In fact, this supreme sky is the Supreme Soul, but its light is missing in illusion, not in reality. That's why it is like a mass even though it is not a physical object. There is mass because the substances of other parallel universes exist in it, and darkness because there is no our universe's contact or interaction with them. This mass creates a crater in the sky, it cannot be avoided. That's why dark matter shows gravity. Gravity is a property of space, not matter, so its interaction cannot be avoided. This also conceptually proves Einstein's theory that gravity, being a property of space, arises from the twisting and folding of space. There are two sets of properties of matter. One group is of the properties of the substance itself. The second group is the properties of the space in which the substance is located. There are many properties in the first category such as emission of radiations like light, reflection and absorption of light etc. The second category has only one property, that is gravity. The disappearance of all material properties in dark matter and only the presence of gravity suggests that gravity is not a property of matter but a property of space. Because it is dark, one can treat it like a blind well. Everything falls into the well. The light that has gone inside remains in the original sky, but it is not visible because of the darkness. Meaning that light then does not react with anything in the original sky. That's why many scientists are speculating that the light going inside must have come out from the other end and goes to some other universe. This is also correct, because there is another universe inside the blackhole, which is

completely different and untouched by our universe. The infinite sky is the same for both. The well of the field remains untouched by it even though it is on its land. A world of its own gets created inside it. Understand this in such a way that according to mathematics, an infinite pit should be formed in space, which means a new infinite space should be formed, but this is not possible. Where nature cannot actually run on mathematical formula, it runs on it in virtual form. That's why that pit is not real but virtual. Because a pit is called an empty space made on the ground, where nothing of that ground is present, therefore the pit of the sky is the place where there is nothing of the sky. That's why due to the virtual disappearance of its things in the infinite sky, an infinite pit was formed in it. In fact, it cannot be made to disappear, but its effect, reaction, interaction etc. wrt new universe are probably made to disappear. This is the kind of illusion that happens to a man who is in ignorance. Means he himself is God full of light and energy, but due to illusion he does not feel like this and feels quite the opposite, means instead of ultimate light, feels ultimate darkness. Call it like this, it has become its own new space in virtual form, not in reality. So the existence of the infinite number of independent spaces and the infinite creations in them is proved. It is important to understand this in order to maintain an optimistic and positive outlook in life. Now only space scientists can investigate in depth how this happens. One suspects that if there were an infinite number of parallel universes like onion peels at one place, dark matter would exhibit infinite gravity. But this does not happen. Its gravity also has a limit. This shows that the number of overlapping universes in one place is limited. It may also be possible that there are infinite universes, but the gravity generated from them remains limited due to some unknown reason. So there is no need to get discouraged. life is endless. It may also happen that dark matter is made of special waves, such as the waves in our brain in the form of mind. Just as artificial virtual waves in mind create properties similar to gravity, they show same in dark matter too, meaning producing gravity without any substance or mass. Perhaps that is why it is said that God is running this universe according to his wish. Dark matter means the mind-wish of God. The possibilities

are many. We can only do thought experiments with the help of Kundalini Yoga Shakti. The universe itself begins to form in dark matter, because it contains all the energy of the original sky, but it is covered like a veil. By this forcefully, like sparks, fundamental waves and fundamental particles keep jumping out, which continue the process of creating the universe more and more. This illusory darkness acts as a stimulus to create creation from the original divine space. This is called Prakriti or Mahamaya or Shakti in Indian philosophy. That which is the truth and the original sky in its basis, is called Purusha or Paramatma or Shiva. That's why many people are rightly raising the possibility that black holes are factories for the creation of the universe. Like the illusion that man feels in his soul, the blackhole must not have felt the same. Of course not, but an illusory physical situation is created, which is in the form of a star shrinking to infinite minuteness. In this way, the universe from the blackhole and the blackhole from the universe continue to emerge. But what happened first? It is like a question which came first the chicken or the egg. First the blackhole formed or the universe. First became darkness or light. First became the original nature or the visible world. First became individual nature or soul. The scriptures say about this that both are eternal, and keep on creating each other successively.

Chapter 14

Kundalini Yoga removes out dark energy from black hole to make it liberated

Virtual particles are also being created in the sky all the time, and also keep merging in it. Means they also make sky or singularity, then why blackhole is not made from them. Why does only the shrinking of a star into nothingness type singularity create a blackhole? It is probably also a matter of mass. There should also be infinite mass shrunked to singularity. How mind's thought is infinite mass. Maybe because it can imagine infinity. First of all, we have to know what is the physical form of thought. Perhaps the same physical form is formed while the star shrinks. Suppose the idea of a mountain came or while looking at the mountain, one made a picture of it in the mind. In that thought picture, you can feel that the whole mass of the physical mountain is pressed there. It means that if a thought picture of the whole world is made, then the weight of the whole world would also be contained in it. That's why the thought of the mind makes such a big hole in the sky that a new living space or infinite space is created. But how can the mass of thoughts be infinite. This is possible only if the physical wave that creates the thought occupies the space equal to void or nothing. It is so actually. It is neither a wave nor a particle. Means thought-like space-fluctuation does not have its own separate existence. There is a vibration inside nothingness that creates a virtual image like an external object, it does not have its own existence. It may not even be vibration, because even vibration lasts for a while, but thought can disappear in less than a second. That's why thought occupies absolute zero space. Anyway, when thought is not having its own existence, but it is a reflection of the outside, then it is already void. Then even if a picture of a small stone is made in the mind, it will also have infinite mass. Then it can also be said that if it is so, then the photo of a tree made in water will

also have infinite mass and will create an independent infinite living space. But this does not happen. Perhaps this is the special feature of the photograph made in the brain, which is nowhere else. Or it can be said simply that the thought created in the mind is absolute void. It's a matter to think how we are troubled by our own thoughts which even do not exist. We are always under stress because we consider thoughts to be gross and materialistic. It is also a matter of scientific research that what is the nature of thought. But with the help of thought experiment, we have told grossly. If we infer from the blackhole, then maybe only the shadow of the huge star remains in it, that too like a picture made in the brain, nothing else. The shadow is formed on Chidakaash i.e. Moolakash i.e. Paramatman, not on Atman like Jiva. The entire mass of the star is contained in that shadow. And that shadow casts across the infinite sky, like an unexpressed picture made in the soul or unconscious mind of man, we cannot mark where it is. It is a shadow in the whole soul. This is called the creation of a new sky. The separate existence of each blackhole-turned star lives as a separate shadow within the same sky. It is like the separate existence of each individual soul within the same Supreme Soul as a separate shadow. Perhaps this shadow or image is called dark energy. Those stars that do not form black holes, they merge into super dark energy. This super dark energy is a kind of general pool spread in the original infinite sky, from which cosmic bodies are formed, and merge into it. Perhaps virtual particles also keep jumping in and out of it. This is what I had said in a previous post that stars with less weight are freed from the cycle of birth and death unlike going to form blackholes. This super dark energy is like the basic Nature or Mool Prakriti of Indian philosophy. There is an exact similarity between the two. Both are eternal. Creation takes place from both. From the original nature, the soul or creature originates to start birth-death cycle and also the whole universe originates at my most beginning to start its life -death cycle. likewise from the super dark energy the whole universe originates in physical sense. Means to say both are same thing. Whatever physical matter is formed, it is not formed directly from the original conscious infinite sky, but is formed from the super dark energy permeating it.

Similarly, no living entity comes directly from the Supreme Soul, but comes from the original nature or mool prakriti. However, they can end into either of both, although not into super dark energy but into individually encoded dark energy. Ending can never be into super dark energy as it is illusionary or virtual and actually doesn't exist. Kundalini yogis can end into supreme soul. It can also be called as virtual super dark energy. Now someone can say that if the soul or the star went to the original nature, then when did it get free and meet the God. The meaning is clear that the original nature and the supreme soul are two sides of the same coin. God is the infinite conscious sky, then the original nature is its shadow. Actually that shadow is not an separate experience, yet it exists. It doesn't even exist. It means that if one went to the original nature, then it went to the supreme soul only, because it would experience it's supreme divine form only. For the soul to come, it is okay to assume if the soul starts its journey of life from the shadow of that Supreme Soul that's super dark energy, because Supreme Soul can never get bound in the bondage of the journey of life. But the journey ends only in God, not in his shadow. Scientists are also expressing doubt that dark energy may have been created by blackholes. It is as if many Indian philosophies used to argue on this and say that the original nature does not have its own existence, it is created by the living beings through their self-ignorance. But according to the conclusion of some of the scriptures, this cannot happen because the super dark energy or the original nature is eternal. Yes, the opposite has definitely happened that cosmic bodies have been made from it, from which black holes have been made. Of course they merge into it again and again until liberation, and take birth from it, like the soul merging into it although keeping its information separately encoded until liberated. But according to the scriptures, both the things seem correct to me. Meaning that super dark energy and blackhole keep making each other. Probably the Hawking radiation that keeps coming out of the blackhole keeps on adding up to the super dark energy. It is not that by taking out all the dark energy of a black hole through Hawking radiation, it becomes free to come out of darkness, but even by taking out a little dark energy, that work is done.

Who can take out so much dark energy completely at such a low emission rate? If it's so it will take very long time that's impractical. Similarly, one does not need to take out all the dark garbage of the mind by Kundalini Yoga, but by taking out little by little garbage over a long period of time, one gets awakening or liberation. Who can completely remove the unlimited waste accumulated since innumerable births.

It comes in the scriptures that only one thought was born in the mind of God, 'Ekoham Bahusyam', meaning 'I am one, may I become many'. Perhaps this thought is infinite mass shrunk down to the so-called singularity. Perhaps that thought caused a hole in the sky. A new infinite sky had become. But by confusion he forgot his full light, although the original supreme soul remained unaffected. This is super dark energy. This is what created the universe and caused its expansion, just as the world of thoughts develops in the mind of a man. The same super dark energy is the original mind of Brahma, and the development of thoughts in his mind is the creation of the universe. Then Brahma asked how to create the universe, then super Brahma or God told him just to do as before. This means that the information of the previous creation in coded form remains as the memory of Brahma.

Hindu philosophy says that attachment to the thoughts of the mind leads to ignorance or darkness. This thing is scientific. Attachment means holding or clinging. Even a black hole holds the thought form singularity within itself. It is a different matter that Hawking radiation also tries to throw it out. Man also keeps on driving the thoughts out through yoga, vipassana, non-attachment living etc. It is a different matter when we get complete success in this.

Scientists say that spacetime becomes zero in the singularity of a blackhole. Then at the time of the Big Bang, it starts expanding again, which starts the creation of the universe, and it starts expanding further. If you think carefully, it is a simple matter. No need to do any more maths. Think from within. The outside is the same as the inside. This is the specialty of spirituality that it understands the inside, but

science understands the outside. It is easy to understand inside, it is also cheap and it is also accessible to everyone. Outside, there is a lot of chaos and trouble. Expensive, and not easily accessible. When there is darkness of ignorance in the bright sky of soul, then it is void even though it is there. If there is God that's everything in it, then what is the use of it in darkness. What is the use of a five star hotel if it gets dark? It is just like not being there. This is said to be spacetime being zero. Then it starts expanding, as a universe or creation of thoughts. That spacetime is called expanding because its virtual waves are there in the form of thoughts. It will stop spreading only when it will reach its end, that is, the infinite consciousness space, that is, liberation.

Happy chandrayaan-3 launch

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