

**MY KUNDALINI WEBSITE  
ON E-READER**

This book is a brainchild of the explorers while making the website “demystifyingkundalini.com”

The website creator began to suspect that if the website went bad due to any reason unfortunately, then all the hard work would be spoiled, and all the text written would be gone. In addition, the website creator also desired that the website should be available on any e-reader, so that the readers are comfortable in reading, and the eyes are not affected. Both these objectives could be fulfilled only by creating an e-book of the website. Hence fixed web pages and some web posts which were not included in the another e-book were included in this e-book.

In another e-book, all the web posts related to Kundalini were inserted, which contained all the remaining material. The name of that other book is "Kundalini science- A Spiritual Psychology". The first two home pages of this website have been included in still another book, "kundalini demystified- what Premyogi vajra says".

Hope that dear reader will take full advantage of the book presented.

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**Legal disclaimer:-**

This tantric book has not been designed to offend any other notions. The reader will be responsible for such situation arising from reading it. We are not lawyers. This book and all the information written in it have been provided as a promotion of education, and cannot replace any legal advice provided by your judicial adviser. At the time of creation, it has been taken care of that all the information given on this book is correct and useful for readers; even then, it is not a very serious effort. Therefore, book-publisher fully rejects its responsibilities and accountability when there is any harm to anyone. Readers are self responsible for their choice, work and their

results. They should contact their judicial adviser if there is any doubt regarding this.

## **Webpage- ABOUT PAGE**

This Tantric website was started as a landing page for the promotion of an e-book (now \*\*\*\*\*five star rated, reviewed as the best, excellent and must read by everyone). Please visit the webpage “Shop” to get this book. That kundalini also came in awakened form to Premyogi vajra (a coauthor) to get her agenda of publishing this unique spiritual book fulfilled through him (he got so much powerful mental energy from that kundalini awakening experience that he published 300 page book within an year only) for he saw a lively sage on a beautiful hill top receiving copy of his book through post. He was carried to that place by a hell black and muscular he Buffalo, who rushed away

midway showing him the path to the top. All strange. Anyway he was saved dramatically from many unfortunate hazards in the time being.

After this, another co-author of this website got the honor of Top Writer-2018 on behalf of Quora, after which people's visits / traffic to this website increased. Encouraged by the rush of people, this website was gradually enhanced. All material contained in the above said e-book under the promotion was summarized on this website. Then the entire contents were translated into Hindi and were also posted on the website. The co-author also posted his own posts written during the one and a half years on the Brilliano Kundalini Forum, from which he experienced the transient kundalini-jagran. The website

started getting good views thereafter, increasing its ranking on search engines. Later, the print version of the above e-book was made available on this website. This opened all the options in front of the website visitors. For those who have less time, and who do not like to read the book, everything is available on the original website. E-books are available for those who prefer cheaper books. For those who prefer a free book, promotional free book offers are routinely there. For those who prefer expensive or paper books, a paper book becomes available to them. It should be the same, because the nature of all people, therefore, their choice is different from each other. [On clicking this Link you can get complete information about e-books and e-readers.](#)



One of the main objectives of this website was to provide people with accurate and experiential information about Kundalini. One of its sub-writers had confused about this from childhood. Some used to speak something, some used to speak other thing. All were seen trying to hide their respective experiences. The books he read gave the same amount of lightning. All the books were written about strange stories about Kundalini, and together with their writers did not write true and faithful experience. From this he did not even understand his active kundalini for several years. In the end, when he got some free time, he discovered all the ancient and new books in many ways (as a paper book, e-reader book, website etc.), and concluded his own conclusions. The authentic and

experiential findings worth deriving any conclusion in the book could not be found anywhere. Therefore, while walking on his own conclusion, he started dedicated yoga, and found his kundalini awakened only in a period of one year. Then he came to know that the Kundalini was active in her mind since childhood and he had got his sleep bound glimpse enlightenment through that, but he could never recognize her as she being the amazing kundalini. Kundalini-inquisitors do not face confusion, uncertainty and disbelief like him, for this, he disclosed his truly experiential explanation word by word in humanitarian interest and transformed it in the form of this beautifully crafted website.

*Moreover, the non dual, tantric, Kundalini yoga technique (the real meditation) including*

*Patanjali Yogsutras, Kundalini awakening, spiritual Enlightenment and spiritual liberation have been explained, verified, clarified, simplified, justified, taught, guided, defined, displayed, summarized, and proved in experiential, exhilarating, story like, biography like, philosophical, practical, humanely, scientific and logical ways altogether best over in this website.*

This website continues to be expanded even today, which will continue even further through posts with new and various experiential information. If you follow this website, then you would receive new posts immediately via your e-mail.

The main aim of this site is to gain practical / truthful / experience based knowledge especially Kundalini-related around the World

and spread it. I'll do my best to make sure all the information, including links, are accurate at the time of posting. Any feedback and suggestion are highly appreciated.

***Disclaimer:***

All links, images and graphics which are used in this site are taken from different sources and full credit goes to the owner and copyrights holder of these images etc.

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**Webpage- HOME-1; Enlightenment / self-realization- Real time Live Experience- How Enlightenment works?**

*This homepage of this unique Kundalini website is available in another book "Kundalini demystified - what Premyogi vajra says". In this webpage, in response to a question asked by curious Kundalini Yoga trainees, Premyogi vajra has presented his real time experience of enlightenment in detail. Together, that experience is closely explained and clarified.*

**Webpage- HOME-2; Kundalini awakening-  
Real time Live Experience- How Kundalini  
awakening works?**

*This homepage of this unique Kundalini website is also available in the same above book "Kundalini demystified - what Premiyogi vajra says". In this webpage, in response to a question asked by curious Kundalini Yoga trainees, Premiyogi vajra has presented his real time experience of kundalini awakening in detail. Together, that experience is closely explained and clarified.*

## ***Webpage- HOME-3; Universe inside our own body***

### ***From the diary of a book-reader***

Brothers, a lot of people are busy in a life full of ego, that is a direct gateway to hell. Some people are misguided for renunciation. These both types of people are partial to the complete truth. Actually a man should grow inside this world so much that he may feel no need to renounce his life, instead his life herself may become forced to renounce him. Friends, renunciation then occurs itself, when a man reaches a certain threshold level of



his spiritual growth in this world. This threshold level of his spiritual growth is most easily, blissfully and practically is achieved through the non-dual attitude. It is easy to simply say as non-dual attitude, but it is very hard to develop and constantly maintain it. Had simply reading or talking about non-dual attitude been enough, then there would not be so much elaborate spiritual and tantric practices developed in a practical form. See for example, Mantra, Yantra and Mandala of tantra/buddhism(external website/yogamag.net). Those are to be nicely maintained and worshiped regularly in a worldly and practical way, considering those as if mini-world or say as if miniaturized models of the endless world. There are deities visualized inside that miniaturized world.

Those deities/gods/devatas are having a non-dual attitude, although working fully similar to common people like us. In that way, their non-dual and ego-less attitude is copied to us most efficiently and maintained spontaneously too. Friends, what can be the more similar to the physical world than our own physical human body itself. Our body is a supremely miniaturized and best model of the infinitely spread out external physical world. It is also proved in Shastras(external website/wikipedia) with saying, “yatpinde tatbrahmaande(external website/yogapedia.com)” meaning as whatever is there in small structure/body, the very same is present in the whole of the universe too, nothing else. There are dehapurushas, that are supremely

miniaturized human forms inside our own body, fully similar to human, although additionally having non-dual attitude too. Those are like the deities of the Yantra-mandalas, although being much more active and dynamic comparatively. Shastras also prove it by saying that every god is situated inside our own body. Friends, then what can be the more powerful mandala than this our own body-mandala(external website/escholarship.org). It always stays with us in each and every condition, reminding us of the supreme importance of the non-dual attitude at every moment. It is not transient and destructible just like other mandalas, even it is there with us from the time immemorial and will stay with us for ever, because we are having getting this or

that living body to live in our every birth and will be getting so in each and every birth afterwards too till our liberation. This means, we would go on getting benefits of non-duality in our all of the further lives too, if we make practice to make our body as the tantric body-mandala(shareera-mandala/external website/pinterest) through contemplating it likewise at every moment of our life.

Friends, majority of people are too busy in the body-wasting sex too much. The sex is a most mysterious thing, that has been least studied ever. If it can push down to the hell with improper practice, the same can lift up to heaven and even to liberation too, if it is practiced properly and with kundalini yoga. This book describes the well experienced and effective method of sexual conduct in a

proven tantric style, which leads quickly to the Kundalini awakening, that is the main door-entry to the ultimate liberation.

Friends, these Dehapurushas situated everywhere inside our body are quite patriotic and nationalist to their host body-country (hindi e-book- shareeravigyan darshan). They teach us these qualities, if contemplated through this modern philosophy, SHAVID(shareeravigyaan darshan/body science philosophy). There is also present the whole range of nature inside our own body. That nature is fully nourished and conserved by dehapurushas unlike the external macro-nature degraded by the so called modern community. If you are nature-lover and nature-conservationist, the e-book is just for you.

Friends, our amazing human body(for detail, please visit this external website/wikipedia) is composed of countless number of cells. Those work all together in tandem; in a synchronized and cooperative way, thus making one of the best society possible ever. Thus the basic principle behind our life is a love full, truthful and cooperative society. We can learn these arts and much more from them. At the same time, they are non-dual and lively liberated (jeevanamukta/external website/speakingtree.in)too. They are mindful. If they are considered as mindless then such amazing jobs would not be possible by them without a properly functioning mind. So it proves that they have a mind but at the same time they are mindless too, due to they

being unattached to their mind through their non-duality. Human also try to make that type of society, but fails miserably each and every time. The reason being, we don't know about them in full detail in a spiritual/philosophical style. This e-book(Hindi) solves the very same problem.

Friends, we go on working and behaving exactly similar to how dehapurushas(those body cells) work and behave, but only we go on getting attachments, ego and duality; not those dehapurushas. This e-book shows how to learn this trick from them. Dehapurusha is being written as singular at some places, though those are in a countless number, only to show that they all are exactly similar to each other spiritually or in form of real self. This e-book also shows how to make

dehapurusha as your own Kundalini and how to get her boost up through contemplating him/them.

There are a lot of misunderstandings and misconceptions regarding non-dualism (e-book, kundalini demystified- what premyogi vajra says). These all have been nicely clarified in a practical way in this e-book.

***Unique worship by body-science  
philosophers***

Body science philosophers go on worshipping the non dual Dehapurushas continuously at every moment of time with infinite types of objects, without adopting special formalities for the same. This is so because Dehapurushas are not far away from them but they exist inside their own body.



They bath them with different types of waters obtained from different types of water bodies like streams, rivers, ponds, springs, waterfalls, seas and oceans etc. They also provide them water for the sacred hand wash, sacred foot wash, self-purifying purpose, mouth wash and so on. They provide them incense sticks in the form of different airs full of different aromas. They treat them with different types of medicines. They make them travel through different types of vehicles. They listen to their good words. They make them hear different types of sounds as if beautiful and rejuvenating sounds of sacred bells, mantra-chanting etc. They feed them with different types of foods as if sacred eatable offerings. They help them experience different types of lights as if sacred lamps. They entertain them

with different humanely entertainment devices/procedures, thoughts/works as if exercises and yoga along with humanely consumerism. In this way, all the works done by a Body-science philosopher are there as if God-worship. All the experiences by a man are nothing else but as if the mental waves only, that control his all the activities. But actually Body-men/Dehapurushas produce those waves inside their own brain to keep good control over their Body-country, Dehadesha. A man who understands this, he considers those Body-men as if the actual doers and actual consumers. Therefore he remains free and liberated even while alive and fully functional. The mental kundalini image gets superimposed over Dehapurushas with sustained and combined practice of

SHAVID-nonduality and Kundalini yoga meditation. Actually, we all are worshipping this non dual Body-mandala/country unknowingly since the eternity. But we do not get its benefits for we do not know and accept this reality. Through study of SHAVID, our correct faith regarding this becomes solidified. So we start getting its benefits and even possibly may receive the whole lot of collected benefits suddenly in the form of a quick awakening. In this way, we can see that Body-science philosophers are fully similar to Vedic-Pauraanic (Vedas-Puranas) people. Although externally they may appear as more practical and logistical, but they are more peaceful, unity conscious and liberated from within comparatively. They are similar to that ocean agitated with storm, that is fully active

externally (with mind and body) like them, but fully peaceful and static internally like those same.

### ***Love inside our own body***

There are countless love affairs and marriages occurring inside our own body every moment. Likewise, beloved children too are reared well there just as inside this very present macro world. There are numerous competitions for marriages(classic svayamvara pratha-external website/wikipedia) occurring inside our body, where competitors are struggling to achieve the success. Competitors have to race on a very long and tortuous track with rocky terrains and mountains. During this run, many dies of hunger and thirst. Many are killed by

wild animals. Many are killed by the security forces out of suspicion of being terrorists. Many of them fall down from the rough surfaces of the mountain and many die after eating different types of poisonous herbs and fruits. Only one of them succeed to marry the over beautiful Queen.

***Hatred, anger and wars inside our own body***

Countless number of wars go on running inside and outside of this body-country, every moment. Many enemies full of hatred, stay outside of the boundary walls for long, waiting for the right opportunity to invade the Body-mandala/country. When border-fencing of this living Mandala gets damaged due to any reason, then those enemies cross over

the border. There they are discouraged by the first line of defense until the soldiers of the second line of defense showing great hatred and anger against those enemies arrive quickly. Great war starts. In the majority of cases, body-country wins. But in few exceptional cases, those dirty enemies win and take control of the part or whole of the Body-country. Either those rubbish enemies are cleared out by the invaded nation with the help of foreign help or they themselves destroy the attacked nation to consume that at their free and dirty will.

***Public grievances and revolutions inside  
our own body***

Many times, some groups of inhabitants inside the Body-country become so much

aggrieved that they revolt against their own nation. They turn many simple civilians too into anti-nationals. Sometimes, they become tied up with the external enemies. In return, Body-government tries to pacify them with loving means, but when they do not leave the revolution away, security forces have no option but to kill them in an armed struggle. Body-country wins. Sometimes revolutionists take control of the body and destroy that for their ugly and transient benefit.

***Jealousy inside our own body***

When some poor and afflicted citizens inside our own that Body-country of which we are the kings ourselves, become so jealous with the rich citizens, then they start an armed struggle and consume all their

resources while themselves sitting idle, without doing any useful work to the society.

### ***Desires and choices inside our own body***

Dehapurushas(citizens/body-cells/hormones/enzymes of our own body-country/physical body) of Dehadesha(body-country) also desire foods, drinks, water and other environmental comforts just like us. These desires are fulfilled well. Choices are also shown by them. Dehashatrus(enemies of dehapurushas) of a special caste, race or religion prefer special dehapurushas to attack. In the same way, special dehapurusha marries only a special dehapurusha-category, denying even the beautiful others.

### ***Greed inside our own body***



Dehashatrus are very greedy. They destroy the attacked dehadesha out of greed to consume all the resources at once, without a second thought.

***Delusion inside our own body***

Out of delusion, Rajakumara dehapurushas(prince-dehapurushas) die for the dehadesharajakumari(princess of the body-country) in dehadesha-svayamvara(free-will selection of a life-partner by a girl/queen to marry in the dehadesha) as told above.

***Mad(power-ego)inside our own body***

Sometime, dehasainikas(body-country-soldiers) become filled with Mad and start harming and killing their own dehadesha's dehapurushas.

***Friendship inside our own body***

Dehapurushas feed up and care well their friends hosted inside their own dehadesha, although for their own benefit. In return, their friends work for them in a miraculous way.

***Family planning inside our own body***

Due to this, population density inside the dehadesha is kept stable and constant at a most optimum level.

***Cleanliness inside our own body***

There is kept a perfect cleanliness inside the dehadesha.

***Social hierarchy inside our own body***

There is a great social law and order existing inside our own body. There are numerous stages of officers as if officers above officers up to a long range. They all obey the orders of their higher officials accordingly.

***Division of labor inside our own body***

Some groups of dehapurushas are farmers, some are drivers, some are engineers etc. to run the body-society with the top most efficiency.

***Grouping inside our own body***

Dehapurushas always work in groups, not in isolation. Due to groupings, they cooperate effectively, due to which quality and strength of their work improve dramatically.

***Specialization inside our own body***

There are quite effectively developed trends of specializations and super-specializations inside our own body. Dehapurushas doing treatment work are specialized in the field of health. Likewise, drivers are specialized in driving etc. All dehapurushas know all the arts and works together, but are only specialized in that work, which they perform regularly.

***Kings, ministers and higher officers inside our own body***

They also exist in the micro country too in the same way, just as they exist in the macro-country.

***Remaining all others inside our own body***

Sports, trainings, assemblies, plannings, grief- redressals, jokes, public-complaints, hazards, births, growth, maturity, death e.t.c. and all of the other life-activities; and emotions take place inside our own body, just as those take place in the macro society of a big nation. These all exist inside the micro-country/our own body in the same way, just as these exist in the macro-country or the world or even the universe/cosmos/space.

**Despite being changing mentally and physically continuously, Dehapurushas are unchanging always just like the unchanging Tao.**

**Shareera-vigyaana-darshana(SHAVID)/Body Science Philosophy is just like Taoism, though in a more theistic**

and practical form. Although SHAVID accepts God as full of humanity and inseparable from the nature/humanitarian spontaneity in every way unlike most of the religions.

*The topmost saying regarding Shareeravigyan darshan (Physiology philosophy)*

Actually, everything possible/imaginable exist inside our own body with a detached and non-dual attitude of its inhabitants.

## **Webpage- HOME-4; Basics of Kundalini yoga, sexual yoga and Enlightenment**

### ***Single phrase SHAVID(Ekshloki SHAVID)***

No religion better than the humanity,  
(internal webpage)

No worship better than the work;

No master better than the problem,  
(kundalini demystified)

No religious gathering/institute/recluse  
better than family.

This above tantric verse (internal webpost)  
is a spontaneous emission from the lips of  
Premyogi vajra at that time when he was at

the peak of his enlightenment. However, it was displayed to the world by the coauthor. This phrase appears as if tantric in nature. Probably, here 'master' word point out mainly to the ego-full heads of the religious extremists and misguiding leaders who misguide their followers to execute the various inhumane works. It does not appear otherwise for he has attained his spiritual success through a guru (internal webpost) and he is also highlighting the humanity, guru is an important part of which. It also means that the more the problems that the gurus generate in their human way, they prove to be more successful. In ancient times, the master-examination taken by the guru was based on the same principle. He does not appear denying the worship for he always



remained in the company of a vedic purohit/priest(external website/wikipedia) and had also adopted a vedic worship type priesthood for a short time; but saying that it should not affect one's work negatively and it's best to make one's own work as if the worship that must be well achieved through the custom worships. He probably also means that without understanding the root problem, even the master can't do the much good. It also appears meaning that the bad karmas can never be forgiven(karma/external website/wikipedia) without having bad effects of those tolerated. Similarly, he doesn't appear denying religion but he points out the fact that the best religion is the humanity only and that the inhumane activities can't be justified in the name of the religion. He

doesn't appear denying the religious gatherings but points out the fact that it should be nonviolent and full of love/humanity just like a family, or that a love full family should live like a nonviolent and love full religious gathering. The whole of the SHAVID/Shareeravigyan darshan(That Hindi e-book) was developed up on this very same base foundation of the single phrase SHAVID in a long course of time, consistent practice of which for about 20 years lead him to the second Kundalini awakening as described on the home-2 page. This single phrase SHAVID appeared becoming true later on.

***Kundalini-yoga (above said e-book), how much real it is***

It is as real as our own existence is. Mystic Premyogi vajra has described his own vibrant experiences regarding his Kundalini awaekening (internal webpage). He has detailed all the necessary conditions and circumstances, that he had to bear upon before his Kundalini-awakening (above said e-book). He has nicely explained the real-time experience of his Kundalini-awakening and its aftereffects too in this e-book.

***No hard and fast rule in kundalini-yoga,  
logically***

Bending of different body parts for a while with breath hitting the Kundalini-image (above said e-book) that is imagined in those bending-sensations and other sensations including those at body parts that

move/vibrate with the  
breath(gross/subtle/windy  
movements/sensational feeling of breath  
entering Chakras/special body points as  
recognized through consistent practice).  
Breath ignites her in the same way just as the  
air ignites the burning coal. Similarly, sitting  
with straight-back and any suitable posture  
that press up the Kundalini-image from her  
original home at Mooladhara(root) chakra.  
Stationing her at different Chakras with  
breath holding and yogic Bandhas(locks)  
targeted on to her, so that Prana(air)is locked  
on to her and help to ignite her. There is a  
general rule of ease that during bending of  
body parts that presses abdomen(for  
example, forward bending while standing),  
breath is released out and during bending of

body/body parts in opposite direction, breath is drawn in. Specific technique has only been made to make the progress more swift. No one should cross his safe and tolerable limit while performing any Yoga procedure. Meals should be light and taken at frequent intervals, never even a little bit of heavy for that produces too drowsiness. As per Premyogi vajra, Kundalini yoga (above said e-book) appears to have been artificially designed on the fundamental basis of Yaunayoga (sexual yoga). The Practical and the real time tantric detail is there at Love story of a Yogi (internal webpage) and deep detail can be read in this same e-Book (Hindi).

***Kundalini oriented religion***

As per Premyogi vajra, All of the religions especially Hindu/Sanatan religion are fully Kundalini oriented (internal webpost). Everything in the Ancient Indian culture was there to awaken the Kundalini only. Today, it might have been misunderstood. You may call those things as idol-worship, mantra-chanting, Yajana, devadarshana(god visualization), pilgrimage, astrology e.t.c. and many more but in their real or internal forms, all those worked as if the different spare parts of a giant Kundalini machine (above said e-book).

This appears as if the correct explanation for the harmful effects of the religious activities like religious extremism e.t.c. just as apparent in the too long range of our history

and even today. Mental energy liberated through the religious activities if convergent and focused on the single Kundalini image, then it produces wonders in every aspect of our life whereas if divergent and not focused on the single mental image of Master/god/beloved one e.t.c.(kundalini), then it produces troubles likewise.

***Enlightenment (above said e-book), is it liberation in itself or leads to the liberation***

Amazingly, Enlightenment is not as the liberation in itself (above said e-book) instead it helps to adopt a lifestyle that leads to liberation. Premyogi vajra has proved this reality with the help of his logical, scientific and experiential arguments for he had also an glimpse Enlightenment experience (internal

webpage) long ago. He has also dissolved various myths prevalent about Enlightenment. If non duality is practiced correctly and sternly, then even without having enlightenment or Kundalini awakening, liberation appears possible. When non duality reaches its top level, it is called as enlightenment (above said e-book). It may be with sudden extraordinary flash just as Premyogi vajra has described at webpage 'Home' or such flash can not be there. Had enlightenment been only responsible for liberation, then every ancient Indian spiritual system would not have claimed liberation everywhere even on chanting a single mantra regularly or once. On the other hand, if non dual lifestyle is denied forcefully (above said e-book) even after Enlightenment or Kundalini



awakening, then one's liberation appears doubtful. A man not having experiential knowledge of the harmful effects of fire as well as one having that knowledge, both are equally burnt by the fire. Similarly, a man not having experiential knowledge of the harmful effects of duality through awakening as well as one having that knowledge, both are equally affected or enslaved by the duality. Real non duality lovers don't wish any spiritual achievement even the enlightenment too for they are too happy and fully satisfied with their own business along with non duality. It highlights the importance of SHAVID(shareearvigyaan darshan/body science philosophy) and SHAREERAMANDALA(body mandala/body-universe/miniaturized universe) in our daily

life as a means to keep the non duality strengthened at every moment of time.

***Sexual yoga (above said e-book), how much real it is***

Premyogi vajra says that Sexual yoga/Tantra yoga (above said e-book) is as much real as the sexual reproduction in itself is and that it is one of the most effective Yoga. Premyogi vajra has obtained his Enlightenment glimpse through the Indirect/right-handed tantric and samavaahee sexual yoga (internal link/tantric page), whereas he has got his Kundalini-awakening through the Direct/left-handed tantric and vishamavaahee sexual yoga (internal link/tantric page). It can be direct/full fledged or indirect/signatory. It can also be

samavaahee(kundalini image and Kundalini uplifting consort, both are one and same) or vishamavaahee(kundalini image/guru/deity/god and Kundalini uplifting consort, both are separate). He further says that achieving the spiritual success by a worldly man without taking the help of sexual yoga is just like a nightmare or say that it is nearly impossible. He also says that for the success of S.Y., a tantric couple should be fully detached and non dual to each other along with every attention focused on the Kundalini only. He also experientially clarifies that S.Y. is especially helpful in the final stages of the Kundalini development to provide the final escape velocity to the shimmering Kundalini for her awakening. He has also explained Sexual yoga technique in a quite

comprehensible way, supporting factors for it and risks involved in it in a decent way, in this e-Book. Some real time and experiential detail can also be found at –Love story of a Yogi. He says that Sex is a most strange thing. He also verifies the statement of Osho that sex is the least studied thing ever. If it can activate Kundalini immediately, then the same can also wash away it in no time. Sex acts like an alchemy that transforms one into various forms/personalities/ego self effectively, especially if practiced in a proven tantric way. That targeted/focused sexual transformation slowly and regularly culminates into full transformation of awakening with due course of time. In this e-book, Tantric statement of Acharya Rajnish/Osho(above said e-book) is supported that the sexual attraction

originates mainly to achieve the Samadhi-status(kundalini-awakening). His tantric statement in his so called controversial book, “Sex to super consciousness/Samadhi(external website/oshoworld.com)” that glimpse of Samadhi/Kundalini awakening can be experienced through sexual yoga easily that can be followed to full awakening through the regular meditation/Kundalini yoga practice, is also experientially verified by Premyogi vajra. Tantric sexual attraction whether direct or indirect acts just like a yogic alchemy. It can also be read in the form of a real time, original, practical, tantric and experiential way on the specific/concluding web page related to the direct sexual yoga, “love story of a yogi” of this website.

Patanjali-yoga being as an intense love-affair scientifically

Premyogi vajra says that yes, it is true. Patanjali yoga is nothing too special but a conceptualized form of an intense love affair (internal link/tantric page).

In a deep love affair or a strong yin-yang attraction, the focused mental concentration on the opposite partner with the subsequent Sampragyat Samadhi(external website/hinduism.stackexchange.com) develops quickly, just as it develops in Yoga/meditation. With willful or spontaneous break up, that mental Samadhi reaches its peak and is soon transformed to Asampragyat Samadhi (internal link/tantric page) that can

lead to spontaneous enlightenment at anytime. In this way, the strong yin-yang attraction, when sustained for years, translates to the nonviolent Kundalini activation(mental image of the consort always persisting inside one's own brain) along with for years without having the need for her conventional awakening, thus bypassing the violent Kundalini awakening for enlightenment. This is the uniqueness of the natural and spontaneous Yin-Yang attraction in comparison to the artificial meditation. However, a well capable tantric Guru is must with this type of natural/sexual path to control over the huge amount of mental energy generated and to prevent misuse of that or neglectful wastage through the

inappropriate actions/thoughts; just as there was available to Premyogi vajra.

You will yourself believe it on reading the experiential description, as provided by Premyogi vajra in this e-book. It's all the miracle of the persistent mental image. In the same way, if any single preferably personified image roams in one's own mind repeatedly since a long, then it's an indication that he has that mental Kundalini image activated or awakened in his previous birth or otherwise and he can easily awaken her again through non dual lifestyle along with the Kundalini yoga practice. This has also been explained in an experiential way at the following web pages of this very same tantric website-Love story of a Yogi.



***Sexual yoga as the only gateway to  
kundalini awakening, logically***

Premyogi vajra says that yes, it is absolutely true in case of a worldly life. No one can get Kundalini awakening without the help of sexual yoga in little or more in a normal worldly life. However it needs a lot of practice, patience chiefly to keep sexual relationship contained only to a single partner with sociality for a long time/life long/until there is an appreciable spiritual success achieved, sustained non dual tantric attitude/practice for a long time(although it is all interesting/exhilarating/playful/blissful), free time, relaxed mind/body, hard determination, solitude, spacious habitat, non disturbing space/room, noble and

clean/healthy lifestyle, loving attitude mainly mutual love, mutual understanding, mutual cooperation, self Control, unattached attitude mainly to each other, single focus on Kundalini, socially good behavior/responsibility, nature-love, peace, recreational touring by the meditative couple preferably at the beautiful places, non dual attitude, Kundalini yoga practice, dedication, faith, alertness, precautionary measures, courage, sustenance, at least one hour of single meditative sitting for at least twice a day and strong will to succeed. Both partners have equal right to bring each other to the correct yogic lifestyle through different types of mild or up to most the moderate tactics, if anyone becomes erring anyway. Although practically woman partner appears having a

little bigger role in this regard. If anyone wants to awaken his Kundalini without the help of direct or indirect sexual yoga, he will have to surely renounce the worldly life, little or more. Love yogi has explained it experientially in this very same website and the above said e-book.

***Like-dislike is one thing, truth is another thing***

Premyogi vajra says that liking and truth cannot be made equal and parallel always. Any Yoga technique can be disliked by one but he cannot deny the scientific, experiential and logical truth lying behind that technique. If anyone accepts the reality with a fully open heart and with a full faith, then he surely gets benefit of that spontaneously even if he

couldn't walk on that, provided that he remains fully inside the humanity range. The same had happened to Premyogi vajra too. He couldn't act fully likewise for many years due to various reasons but he had full faith on the tantric principle. As a result, the tantric achievement as a kundalini awakening suddenly blasted out in his life later on when he got too little opportunity and too a short time to apply the tantric principles to his lifestyle mainly the sexual one.

***Non-dual tantra being as one of the most  
misunderstood and misused field***

Religious extremists are the best example of it. Against the common thinking, real Tantrics are not different than the conventional Sages and Yogis from within

instead are more refined, however externally they may appear more practical. Many people try to consider themselves as Tantrics, however they are not for actually tantrics are the only true and top celibates(above said e-book). Majority of people see Tantric style with negativity, hatred, distortion, fear and suspicion; thus cheating themselves only. In this way, religious and inhumane extremists appear as if being downgraded Tantrics for they misuse the Tantric power for various inhumane practices. Although Tantra appears as if having the erratic paths to awaken the Kundalini, but at the same time it also puts heavy pressure on socialism and humanity. Only with the Tantra, the honor of woman can be recovered back fully just as that was there prevalent in the ancient India.

***Premyogi vajra further says***

Trayate yat tanaat tat  
tantram(Sanskrit)/त्रायते यत तनात तत  
तंत्रम(external website/yogamag.net)। That  
which helps to liberate us from our own body  
is tantra. Its second meaning is “trayate  
yasmāt tanam, tat tantram / त्रायते यस्मात् तनं  
तत् तन्त्रं”. It means that build up of healthy  
body with healthy lifestyle is must to have for  
awakening. Tantra is the science of spirituals.  
Tantra is the spiritual practice of the kings.  
Tantra is a most powerful liberating machine.  
In tantra, every humanely act and emotion is  
permissible, although with an unattached/non  
dual attitude. The humanely or social works  
and practices that produce bondage are

employed in tantra to produce liberation(external website), just as the fire is being misused as well as properly used since the start of our civilization. I am going further beyond this linked article. This says that feel only the pure sensation, not the emotion; but I say that feel the accompanying emotion too although with non duality, just as Dehapurushas(see Home-4, first paragraph) feel. In that way, emotion gets purified and leads to a wonderful and sudden spiritual growth. In words of tantra, no humanelly activities are bad instead it's attitude that may be bad or good. Dual attitude is considered as bad whereas non dual attitude is considered as good. Tantra teaches us how to live as if a lively-liberated being (living as well as liberated, both together/जीवन्मुक्त).





***Webpage- HOME-5; Basics of  
Tantra, Non duality and Guru***

Role of woman in the family life of ancient  
Indian society

In ancient Indian society, man used to be as if a material caretaker and woman as if a spiritual caretaker. Woman used to be as if the center of the family orbit. She used to be well aware of the Kundalini process and her spiritually uplifting role in the sexually moralized tantric lifestyle. She used to be considered as if the tantric master and as if having the majority of responsibilities in this regard.

It is a common misbelief that women are exploited with tantra. Probably it arose through the malicious activities of the religious extremists in the name of tantra or religion (e-book, kundalini demystified- what Premyogi vajra says). In fact, tantrics are the top class of Yogis. We do not see anywhere even a single example if any real Yogi has exploited anyone. Actually tantric becomes highly grateful to his consort for she helping to awaken his kundalini. So in return, he also do his best for her worldly as well as spiritual growth.

### ***Understanding non-duality and the guru***

As per Premyogi vajra, real non-duality exists only with the duality(external website/science and non duality). How the

suffix “Non” can be attached with the word “duality” if this word isn’t present at all. It means that the Dual-non duality(द्वैताद्वैत)/special non duality/विशिष्टाद्वैत (external website- wikipedia) is the only true and actual non duality. The people who live a duality-free life, cannot experience the true non-duality. When conditions favoring the duality are there, only then there are enough opportunities to apply non-duality through SHAVID, Puranas e.t.c. or any other philosophical means. This verifies the same Tantric principle that bad things are not always bad(above said e-book). Tantrics utilize panchmakaras(five Ms) i.e. madya/wine(above said e-book), maans/flash(above said e-book) and maithun/sex(above said e-book) e.t.c. to get

their Kundalini awakened. Actually non duality superimposed over duality, both made with continuous working with non dual attitude progresses rapidly to one's awakening. It is also called as karmayoga([external website/wikipedia](#)). Continuous working and persistent non dual attitude, both together demand for the sustained supply of energy. The judicious and sensible use of panchmakaras/five Ms([external website/vinyoga.com](#)) is one of the best source of energy. By using 5 Ms, Karmayoga is transformed to Tantrayoga. The company of panchmakaras/persons using 5 Ms is also effective, that being just as if using the panchmakaras in an indirect way, thus providing the tantric benefits even more stronger than their direct use for in that case

there is no ego of using panchmakara by oneself. This also highlights the importance of a mutually cooperative society for the spiritual success. Although company of an experienced spiritual master/Guru is must with such tantric practices for if these practices can carry to heaven, the same can carry to hell soon, mainly if implemented improperly. Only making guru for formality does not work in tantra instead the Guru should be firmly and permanently stationed in one's mind naturally or through meditation (internal webpost).

sexual Tantra acts as "all or none". It means that if it is done properly, then everything spiritual is achieved, otherwise a big zero is there. Tantrics get duality rush in

the start with these panchamakaaric/worldly practices, which they soon pacify to enhanced non-duality, being much more stronger than the earlier and accompanied with the proportionate bliss, with the help of their non-dual Tantric attitude built up enough strong through any of the favorable/practical non dual philosophy(SHAVID e.t.c.). This also means, the real spirituality is that which carries material world too along with, although with an unattached attitude. As against the common thinking, real non duality is fully worldly and progressive. Actually, a Guru continuously persisting in the mind of a Tantric goes on absorbing the powerful energy of non duality as obtained from these five Ms and then transformed to a hard-fast Kundalini(mental image of that guru), that

becomes awakened later on. Otherwise that energy is wasted out in the worldly and dualistic realms, thus inflicting a grave spiritual injury.

Actually, Guru means an individual as well behaved, humanely, ego less, smiling/practical/frank/inclusive/easy going, unstressed, tension less, non dual/unattached, well known, friendly, social, truly spiritual(non dual and unattached), good looking and fitting to one's own mind. In this way, who can be a better Guru than one's own grandfather, preferably if he is truly spiritual/non dual/unattached one too. These all of the above qualities were present in the Guru of Premyogi vajra. With meditating or Samadhi bound Guru's company, one's sexual

self control also improves for the romance is done to achieve the Samadhi(kundalini-awakening) status only. It's easier for one to focus his/her mind on a Guru through the practice of Kundalini yoga as compared to focus on a god/devata or anything else for the Guru is an actively living being just like his disciple, so being most close to him/her, non dual and providing many-2 worldly shades to his mental image in his disciple's mind, thus making his image steadfastly/strongly loaded/attached inside the brain of his disciple. Moreover, the community/family people around also help indirectly to strengthen the image of a close circle Guru inside the disciple's brain through mental interlinking for those community people also live in the loving company of that Guru. This is



not the case or it's to a lesser extent in case if a devata/any other thing is developed as a kundalini image for in that case, the whole of the responsibilities lie on the meditating Yogi himself and so a lot of extra effort is required to be done from his part.

While having the flash mainly the fish, the kundalini inside that in the form of non dual Dehapurushas is visualized by the tantric. While having the effect of wine, the kundalini in the form of resting though non dual and blissful Dehapurushas is visualized by the tantric inside his own body. Similarly, while having the sex, the kundalini in the form of non dual Dehapurushas is visualized by the tantric at different chakras of his body and that of his consort, mainly at the sensual

genital parts. These practices channelize the huge amount of mental energy as generated through the resulting mental waves with non dual attitude for the growth of the kundalini and also prevents the wastage of too precious body fluids for those require a lot of mental energy to be released.

Non-duality is the most practical meditation. It can be practiced for 24 hours a day. However, kundalini yoga practice for at least one hour and twice a day can be practiced to provide an extra boost to the kundalini.

Some people are real time non duality-makers(they experience their mental formations with non duality at the real time) and someones are delayed time non duality-

makers(they fix non duality to the present mental formations during their resting time later on, when those roam out of memory-tank). Both of these types of practices are effective, although former type is too swiftly progressing for in that case there is no chance for duality to raise up its hood. The former type appears as if less practical but that is more spiritual than the later type.

***Nonduality as a psychic buffer/balancer***

Nonduality is itself a balancing attitude that incorporates every humanely thing inside it in a most appropriate proportion and prevents excess of everything.

***Real non-duality in social-harmony***

Harmony in Hindi means, “हार मानी”(accepted defeat). As per Premyogi vajra, there should be no social discrimination among the people regarding the color, race, birth, origin e.t.c. to apply the non-duality in a most practical and effective way. However, there is no bad in accepting the natural differences, but creating inferiority inside anyone’s mind on the basis of differences is a bad thing. Just as the non-duality creates inside one the quality of considering everything as if equal in each and every respect, in the same way, considering everything as if equal produces the non-duality. Similarly, no spiritual style should be hated(above said e-book). Everyone has to pass through the different stages, so hating someone who is at any particular spiritual

stage don't work well. For example, a man in the fully materialist state in the start of his journey progresses to the non duality stage. Thereafter, he progresses to the Kundalini yoga stage. Finally, he may directly reach the Kundalini awakening or can pass through a short phase of Tantric yoga too. Then there is the super final stage of enlightenment. So people at different stages should live in harmony with each other for each and every member of a healthy society cooperates with each others, directly or indirectly/invisibly. People who are seen directly reaching the top stages are actually having lower stages achieved in their previous births. In other words, one should live as if a human salamander, changing color as per the

surrounding situation and adjusting himself everywhere accordingly in a humanely way.

### ***Kundalini and the non-duality***

Both of these are one and the very same thing (internal webpost). Non-duality nourishes the Kundalini and make her brightly expressed in one's mind. Similarly, Kundalini-yoga helps to produce the non-duality. Experienced Tantric enriches his non-dual attitude with any suitable worldly means for long at first and then takes the support of Kundalini-yoga practice at any peaceful and secluded place even at shmashaan(funeral place) too, to give his Kundalini a further push. At last, he also takes the support of sexual yoga to provide the final escape velocity to his overgrown kundalini and thus

awakens her. This has also been explained in a real time experiential detail, that shows his practical cum tantric self experiences at the following web pages(love story of a yogi) of this very same tantric website-Love story of a Yogi.

***Is the god superior or the nature is***

Both of these are superior and equal to each other. Both are incomparable in the same way just as Shiva (god) and Parvati (goddess) are there to each other. The real trick is there in becoming Ardhanaareeshvara (a god with the half manhood and the half womanhood) or Shiva-shakti (dancing goddess Kaali over the calm and blissful Shiva, who is lying down) or Nataraja (dancing non-dual Shiva), who is calm and blissful god from

deep within whereas in the form of dancing nature/creation/goddess from outside.

***Enlightenment may not be necessary for liberation***

These words appear as if awkward, but it is absolutely true. Premyogi vajra has explained it with his own direct experiences. Actually, it is the non-duality that is more important(above said e-book). Premyogi vajra had forgotten his enlightenment experience with effects of that fully after he adopted a duality filled extrovert attitude in his life, thus deliberately going against the spontaneous natural flow. However, he again came to remember back the traces of that after many years of his practicing the non duality and meditation.



Enlightenment experience also fades away with the course of time just like any other mind-bound worldly experience. In Premyogi vajra, that enlightenment experience was fully blown for about first three years of that and then faded away gradually. Then suddenly and intuitively he adopted the duality filled lifestyle to prove something to the world, that resulted in the complete fade up of his e-experience, he only having the knowledge that once he had an e-experience. Then he again adopted the non dual lifestyle mainly through the Shavid(shareervigyaan darshan/Body science philosophy) as if a survival instinct, that restarted his spiritual growth again, thus also restoring his progressive worldly growth for both are

connected to each other. That all culminated into his kundalini awakening after a long period of approximately 15 years. It also means that worldly and spiritual gains run ahead together as against the common belief. Non dual attitude gained through enlightenment can persist permanently as such, if that is not discarded deliberately and forcefully instead maintained through any practical/worldly non dual philosophy along with a good company.

***Who is enlightened and who is not***

The statement that we can not judge one's enlightenment is only partially true. Can we not judge if anyone is dual or non-dual. The face of each and everyone tells this thing clearly and even a child can judge this. If

anyone is regularly and properly behaving as a non dual, then he may be considered as an enlightened being, whether he has enlightenment experience or not. On the other hand, if anyone becomes dual even after experiencing the enlightenment, then he should be considered as an unenlightened being. Because it's the effect of enlightenment in the form of non duality that matters, not the causative enlightenment itself(above said e-book). So the non duality and the enlightenment, both should be the criteria for judging one's spiritual status, not the enlightenment alone and in case of doubt regarding one's enlightenment, non duality should be the only criteria. Anyone can not be called as if infected on the basis of high body temperature only for body temperature can

rise due to many other reasons too. Infection can also occur silently without raising the body temperature. So only the non duality matters, whether enlightenment is there or not. So enlightenment is a non duality filled continuous life process or lifestyle, not a single exposure of a mental flash only. Enlightenment only tells the way of living, not the procedure of living (external link -quora). Procedure of living is learned only through practical experiences gained through living a humanely social life for a long time.

Regarding the number of enlightened beings produced by any spiritual foundation, if even one non-dual being is produced by anyone, it's better than the hundreds of those flash-enlightened beings, who wash away that

for no use. Actually, enlightenment isn't sought out by one, who is deeply submerged in the bliss of the non duality-nectar. It's the greatness of non duality. Actually, enlightenment is a type of great Guru that teaches one the importance of non duality very efficiently.

***Enlightenment as if a super-duper romance***

As per Premyogi vajra, no one can understand the enlightenment without having spent or having understood a romantic mental life ever. Misunderstanding about enlightenment is due to the same reason that we categorize the romance and the enlightenment into two different subjects. A super romance happens when a being harbors

the image of his lover inside his brain continuously for years. It's super blissful. That being jumps away beyond that super romance when he/she manages to destroy all attachments to his/her lover. That's enlightenment. That's super-duper blissful. That's the peak of every achievement. That is the indescribable. Effects of that can only be estimated through the super mental romance only in a worldly life. Super-duper romance/enlightenment is an extra worldly event. Enlightened being's physical signs match to that of a super romantic being, although more pronounced mentally than physically in the former case. Just as an example, Meera and Lord Krishna([external website/wikipedia](#)), Just that their mental romance had gone beyond the objective

world to the eternal. It's all nicely explained at this website's tantric webpage named "love story of a yogi".

***Kundalini-awakening as if deeply remembering anyone***

According to Premyogi vajra, Kundalini-awakening is not a magic bullet. Someone lost in the imagination of his beloved one or well known one can become so much intensely lost that the resulting psychic phenomenon becomes as if a Kundalini awakening. There's no demarcation between being lost in one's imagination and awakening of that one in mind as if a Kundalini. Difference is there only in the intensity of remembering that one. When that blissful remembering crosses a threshold level, then that becomes as if a

Kundalini awakening. Amazing thing there is that this is too simple a psychic process and too complex and stubborn also at the same time, controlling which becomes nearly impossible at times.



## **Webpage- HOME-6; Misconceptions regarding Kundalini**

### ***Misunderstandings regarding kundalini***

There is not any physical pit at root Chakra, where any physical Kundalini in the shape of a coiled snake is lying down as dormant. All of these types are just philosophical comparisons and beautification to please up/inspire up the ordinary worldly people. No doubt, there may be biophysical counterparts too but everything described in Kundalini yoga is purely experiential only. Actually, each mental image is a type of coiled form or compressed/reduced form of all pervading consciousness. When all Chakras are clear, that image may appear as rising up

like a snake, a worm etc., otherwise it may also jump up suddenly like a monkey without in-between paths, just as happened to Premyogi vajra. Once upon a time, Premyogi vajra experienced his mental image(that spiritual old man) rising up from his base Chakras like a hot air balloon, taking about 3-4 seconds to travel the invisible path to his brain. Possibly all these elaborations are experienced with practice, although these are not must have for the kundalini awakening. Kundalini is nothing like a physical thing just as many misconceive, however it appears more real and clearer than any physical entity when she becomes awakened. Actually, Kundalini is to be imagined. Similarly, the Chakras are not any physical things but these are experiential only. The body point where

that image is clearest in comparison to the surrounding area, that is called as if a Chakra. It becomes all clear with practice. In the same way, Nadis (psychic channels) are not any physical objects. Those are only the subtle paths, that can only be guessed with the image just as the sky-route is judged with a plane on that, not experienced separately as if any physical entity. You can consider the imaginary/virtual/supposed path on which his Kundalini image traveled upward as if a Nadi. Brain is brain. That is only one chakra. There is no need to divide that into Agya and Sahasrar Chakra. Lotus(having sexual meaning too in tantra), colors, Mantras etc. on the Chakras have been provided only to worship the Kundalini-image properly there on the Chakras so as to make her more satisfied and

expressed. Today, the people have not enough spare time and brain available to execute such types of elaborate and confusing formalities. In a normal way, Kundalini awakening without such activities appears just like a nightmare. Only Tantra can override these formal activities and thus can make the Kundalini yoga too simple. Therefore, the basic and simple kundalini yoga further enhanced with the Tantric-practices is worth today's time. Kundalini yoga has not its own separate base but it is only the technical enrichment of the classical Patanjali or Raj yoga. Probably, Raj yoga advises to nourish the imagined kundalini image directly and consistently inside the brain. This becomes too much impractical, ineffective and difficult for the ordinary worldly people. To solve

these problems, Kundalini yoga has been devised, which employ the sexual principle to enhance up the kundalini and make the basic Raj yoga more effective. That sexual principle says that the mental image / kundalini nourished at the sexual area is much easier to be lifted up to the brain for her activation and subsequent awakening with a consistent practice. It is also obvious in our day to day life, where sexual or yin-yang attraction is seen as the most powerful and deciding factor of a social life. The same natural and tantric principle has been employed in the kundalini yoga predominantly. That is why the powerful Sexual yoga is called as the peak of the Kundalini yoga and that is employed by many crazy beings since their start, however theoretically and ethically, that is included in

the final stages of the Kundalini yoga to give the required escape velocity to the kundalini for her awakening. There are also some other important areas called as Chakras in the body as told above, where too image can be nourished likewise, although those have lesser efficacy than the sexual Chakras.

### ***Weird kundalini-experiences***

Premyogi vajra says that a personified image of that suitable, well known and beloved one preferably that of an elder spiritual man/family member/Master/Guru living at one's own home and/or of a being in touch always, should be imagined/visualized in the form of his Kundalini, on whom his regular mental concentration naturally or through meditation stays well. In that way,

mental Kundalini image is strengthened with much more efficiency and along with that, emotional, behavioral, meditation-oriented, social, humanely and other many more qualities of a well qualified/spiritual man are also received spontaneously. That single one, highly strengthened and persistent Kundalini-image appears as if must have for the enlightenment to occur in majority of the cases. Experiencing weird objects like lights, sounds or others as if Kundalini image diverges away the mental energy from a single focus and thus dilutes the Kundalini-energy, that's why those weird experiences appear as if less effective with less build-up of humanely qualities.

***Transformation after a kundalini-rise***

In normal worldly state(sleeping-kundalini state), the own self of a being is in an absent form at the majority of times, so that appears to him as if completely dark. But when the Kundalini is under the real awakening process lasting for a few seconds, then during that too limited time, the Kundalini-image becomes fully united with the own self of that meditating being. At that time, great bliss and brightness is observed by that being in his own self as opposed to the normally experienced depressed and dark condition of that self as described above. As that bliss/brightness can never be compared to the worldly or sensual bliss/brightness, so the spontaneity directs the brain to reduce the search for that bliss/brightness in external sources instead directs it to develop own



neuronal circuits in such a way that Kundalini-image always remains expressed inside that. In this way, persistent Kundalini image inside one's own brain makes him experience her bliss continuously including the remembrance of that super bliss of Samadhi(Kundalini-awakening) too. During the transformation process, the breathing of Premyogi vajra used to remain elevated, he feeling himself enough tired/sleepy and his Kundalini image flaring up experientially, mainly at the times of his worldly activities.

After the kundalini awakening (e-book, kundalini demystified- what premyogi vajra says) or the persistent samadhi (union of self with a particular mental image/single image in various tones) up to the enlightenment

All of the physical and the mental world become superimposed spontaneously over the Kundalini image. This stage is also called as the Sampragyaat samadhi. Sampragyaat means uniformly and properly known (Sanskrit word Sam-uniform and pragyaat-properly known). It means that profound non duality and bliss is there in this stage. It can last for varying time periods. In Premyogi vajra, it lasted for around 2 years. Then there is eventual regression of the Kundalini image after her ripening up to a threshold level. Along with the Kundalini image, the world superimposed over her also regresses virtually. Due to this, eventual blissful zero is experienced (Note-depression can also occur if this state is not well tackled- above said e-book). This is also called as the Asampragyaat

samadhi for the nothing is uniformly and properly/profoundly known there due to the absence of Kundalini in this stage. It is also called as Samadhi for profound bliss of samadhi is there from nowhere. To support and lift up the Yogi, the spontaneity driven enlightenment is suddenly or surprisingly experienced by the Yogi(may be as if a too short glimpse in one's sleep too, especially if one is enough immature or non worldly so unable to bear full exposure of that, just as happened in case of Premiyogi vajra). That is only if one fully tolerates this final stage up to it's end, denying all the magical powers/siddhis by the grace of his Guru and/or by the grace of favorable nature/environment.

Also, kundalini permanently stationed in mind through regular Kundalini yoga meditation or natural / Tantric love becomes the main source of life/consciousness. Therefore routine worldly activities along with are considered as a side business, not the main business. Due to this detachment or nonduality is produced towards the world.

### ***Super powers after the kundalini rise***

Nature never wants to bestow the super powers to anyone (above said e-book) for these act as the subsidiary/minor sinks for the kundalini energy to be submerged down, thus preventing the ultimate enlightenment to be experienced; that acts as if a biggest, final and liberating sink for the vast amount of the mental kundalini energy. In this regard,

**Premyogi vajra describes his own experience  
in his own words as under**

I am always amazed with how some people get super powers for once I also used to feel myself as if a God like after my glimpse enlightenment, due to I being fully satisfied in every way. At that time, I was in an urgent need of the super powers but God didn't provided me those. So I think as if God doesn't offer super powers instead snatches away all others if present in anyway for all super powers prevent the enlightenment in a manner serious enough. Enlightenment acts as if a biggest mental energy sink. My mental energy in the form of a persistent image of my tantric consort became enough down after my glimpse enlightenment, however

that enlightenment wasn't enough strong to absorb all of that mental energy fully. So, that energy went on growing gradually through my worldly life just as a river grows on passing down the various terrains, eventually becoming too big to be tolerated by me, so that was discharged by me helplessly in the form of the world benefitting words/single phrase SHAVID, just as the fully loaded river discharges itself into the great sea. That phrase appeared becoming true to me later on. Actually, sometimes God/nature fulfills it's worldly desires through the words of an enlightened being. possibly, had I not discharged that energy in that way, that would have accumulated further to be discharged as my super power. Also might be that my that mental energy still further had

been accumulated to be released as my second and full fledged enlightenment. It's all an energy game only. Nothing comes for free. Energy is to be accumulated drop by drop to get expression of that in the form of any of these above outcomes as per the situation.

Next time, my accumulated mental energy in the form of a persistent image of my tantric master was released as if a kundalini awakening. For now, I am accumulating that energy spontaneously and swiftly. Now I can have many instances of my tilt to release my accumulated energy in the form of super power of any kind, but that is to be resisted by me to reach the ultimate energy sink, that is enlightenment. Actually, one reaches that final energy sink, when he resists all of the

worldly temptations to release his energy for any worldly gains and as a result of that, the accumulated energy becomes too big to be tolerated further. Although, that's very difficult to achieve without the good company of a spiritual master/Guru/guide/friend.

***Is kundalini-machine ever possible***

Yes, it most probably is. Kundalini phenomenon is a pure mental science, having nothing anything mysterious inside it. Scientifically, the Kundalini-awakening is nothing special but most probably a sudden rush of those neurochemicals towards a single focused image, that usually exist as scattered inside the whole of the brain. That neuroscientific process makes her lively just like a visible physical entity in front of the



eyes. That's why this awakening process is also called as the opening of the third-eye. If even 1% of the total scientific budget as at present is diverted to the Kundalini-research, the Kundalini-machine appears as a real dream.

***Development from social media-platform***

Premyogi vajra got his Kundalini awakened at the end of his following discussion in an original(non-edited) form that had run at brilliano kundalini online forum throughout the years 2016-18(26-10-2016 to 08-05-2018) for roughly one and half years. Therefore, this discussion may have subtle power hidden inside it. This real time discussion has been described in "love story of a yogi". His soulmate, the writer/coauthor has included

his many posts from Quora-2018, for which he has been awarded as a “Top Writer 2018”. This established coauthor has helped much that man of secrecy in writing down his experiences and thoughts about mysticism at many platforms.

Friends, it was an old tradition to be gathered personally and make a spiritual company to share the spiritual ideas to grow up. Now it is a modern and too busy era today, where online social media has almost replaced the compulsion of physical presence with the mental presence, whatever may be the work/job, whether material or spiritual. It is today’s miracle that one can better grow spiritually with an online conversations than the previously prevalent physical ones. Living

example is Premyogi vajra. He got his Kundalini awakening through the online spiritual conversation for one and half years, that has been written in an original form in my second Longreads article, “love story of a yogi”. One can also read the whole article in a single breath but probably it only works best if it is read in a routine form in short installments for a long period of time along with the interactive two way conversation(with comments, likes etc.) and other routine spiritual efforts(reading e-books etc.) as per will, just as Premyogi vajra did. The spiritual attitude if kept built up with the short and routine spiritual exposures online for a long time, then it creates wonders just as it is obvious in case of Premyogi vajra.

***No single book is complete***

Premyogi vajra (above said e-book) read many Kundalini related books/e-books and came to know that no single book is complete in this respect, instead the main points from different books collected together along with the self-practice of kundalini yoga is all that works. He did the same thing and compiled all of these factors together in the form of this comprehensive e-Book, immediately after his kundalini awakening(in fact through the power gained from that awakening) through all of these above practices. Great secrecy has been kept even in the well recognized Scriptures too regarding the kundalini due to many reasons. Even the kundalini has not been defined properly. To fill up this gap,

Premyogi vajra has demystified the kundalini in one of the best known ways.

***Advice to keep secrecy***

Tantra is a secret spiritual science. It has been displayed openly for this is open world today and nothing appears secret. People of today are quite mature, educated and intelligent. Therefore, there are too little chances of misunderstandings and misconceptions if any. Still precautions should be taken and it should not be tried to expose it even indirectly or in a funny way in front of those who can not be comfortable with this. There are full chances that they would misunderstand it and could harm themselves little or more.

**WEBPOST-1; Yoga and Tantra – A  
comparative study (some  
interesting facts about the tantric  
system, Tantra versus Islam)**

***What is Tantra?***

From the very beginning in the tantric system, a person treats himself, just like the person of God / dehapurusha, as a supremely, free, nondual and unattached. However, in Yoga, a person first wakes up his kundalini. From that, he experiences great joy associated with Advaita / nonduality. With the happiness of that KundaliniJagran, he begins to adopt unattached conduct in an unintended manner, and gradually becomes non-dual like Tantric. A yogi can also experience enlightenment while moving

ahead with KundaliniJagran. His adeptness gets more firmness from that. This means that the tantric technique is easier, more natural, universal, friendly to all human beings and humanistic than yoga. When the tantric system has to be accepted even after yogic achievement, why not accept it from the beginning? People who practice tantric mechanisms get themselves KundaliniJagran and enlightenment over time, without any different or special effort. Many people also get a natural opportunity to prove both the mechanisms, tantric as well as Yoga together; as with this hosting website, it happened with the protagonist Premyogi vajra. Many people limit the system to the five Ms. But the truth is that the tantric system is a whole life pattern. This is an Advaitic way (nondual) of

life. Most spiritual pickles of Hindu culture are different parts of a tantric system, whether it is study of Vedas-Puranas, or various activities related to them. In ancient times, those people who had enlightenment became too decent and found very difficult to live their life in normal life. The reason for this was that the common people were used to living life from a physical perspective, which could not accept the enlightened minds of the enlightened people. Therefore, they tried to live their life while copying the natural style means imitating nature, leaving the common, ignorant and worldly people away from their deep heart. That is because they found all activities to be knowledgeable in nature. By doing so, their spiritual level increased further, and they became lively liberated.



Seeing the benefits of natural lifestyles, they became curious to show the benefits to others in their mind. Therefore, they started writing natural events in the living form. That well-known scriptural collection in written form became famous as Vedas-Puranas, that made life easier and spiritual for many people. The enlightened people who wrote those mythologies were called sages/ monks.

### ***Some mystical facts about Tantra***

The same type of incident happened with tantrik Premyogi Vajra as well. Even in his childhood, he got transient enlightenment. After that, he was unable to live himself as a normal person. That is why he made a philosophy of physiology philosophy / body science philosophy, a lively philosophy similar

to mythical philosophies of Vedas-Puranas, for his benefit. From his proximity to that self-made philosophy, with the achievement of Advaita and non-attachment, his all-round progress was ensured, and even unintentionally, there was a glimpse of KundaliniJagran. Inspired by the same benefits, he composed a book based on the same philosophy, which we can call modern mythology. In the Puranas, there is a description of the physical universe outside, but in the philosophy of body, the description of the subtle creation within our own body is described. According to 'Yatpinde Tatbramhande', there is no difference between the two worlds. Therefore, we can also call Premyogi Vajra as a modern sage. His book is like a Tantric book, similar to the

Puranas, although there is also a few parts of Panchmakari Vidya / 5 Ms, like the Srimad Devibhaagavat Purana. Now it is the Panchamakari tantric system, it is only a small part of the vast Tantric system. After conducting a tantric system for a very long time, when the Tantric attitude of the common seeker becomes very mature, then only under the guidance of a qualified master, the five-M part of the system should be taken as a shelter, so that sufficient power can be obtained for KundaliniJagran. In the direction of its adoption earlier than the proper time or under the guidance of an inept guru, it can also bring losses to the place of profit. Together, the goal of Panchmakari Tantricas is not violence, but KundaliniJagran only. The best sources of power are only meat, sex and

alcohol, which cannot be obtained without violence. Therefore, the least of their experiments have been given priority to achieve maximum spiritual benefits. An example of this is fish-intake. Because the fish can also be caught in the minimum quantity as needed, hence there is no redundant violence, so that violence-faults remain at a minimum level. Together, the fish is of cold nature. Therefore, it does not allow that anger in the Panchamakari to occur, which is the biggest obstacle in the spiritual path. Together, it produces the lowest Tamoguna than related other nonvegs, and its side effects on the body are even less than the other. In the same way, a single wife has been given priority so that excessive sexuality can be avoided, because that is also a particular

kind of violence, especially if the right tantric rules are not adopted. Still, light mistakes are natural when learning. If the tantric-mates have to change, then in rare cases, only after a very long time and after getting special spiritual progress or after achieving enough spiritual progress. The evil eye on the woman is absolutely forbidden. Bad words and bad jokes about sexuality / 5 Ms are also taboo. The woman is to be respected as Goddess and Guru as far as possible. No one's daughter or anyone's wife is made to be a tantric companion, because they are seen as part of the emotional property of others. Most of the earliest known tantrics of ancient times are those who used to live life with the prevalent ordinary tantric practices, but later on for various reasons they also started consuming

the Panchmakaras. One of the main reasons for these reasons was boycott from society or not adequate respect in society. Only then, some eminent tantric technicians have been around the Indo-Pak border of Punjab today, some have happened in today's Pakistan. The second reason being the Punjab area is well prosperous, so there are people fond of making merry. In Punjab, the patronage of Guru-tradition has also been developed according to tantra. I myself have experienced everything directly from Punjab while living there in the direction of border areas with Pakistan. Tantric temples are also found abundantly on the same side. The access to the common Tantric system of the Hindus was reduced to those remote areas, so the people living there were not receiving the force from

collective spirituality. Because of this resistance, they adopted the Panchamkari system correctly, and achieved quick success, because the spiritual force generated with the Panchamkari Shakti was more than the force of collective spirituality. Undoubtedly, they remained cut off from the common and spiritual society, yet they reached the peak of accomplishments, and continued to inspire others too. Naturally, in the same way, many Dalit and backward classes were also involved due to the above-mentioned reasons. The same example is also the Tibetan Buddhists who spend their lives alone in remote mountainous areas. The Panchamakari system seemed more suitable than the simple system prevailing in the plains, so it is still alive there. In Chinese Taoism / Tao religion, a sexual sage

has been described as an ideal sage. In fact, since the separation of the Panchamakaras from the spiritual system, the decline of spirituality has started. Panchamakaras were described as the abode of evils. It was from this that the power of Panchamakars kept on raising the power of the evil people, and they continued to get stronger from it. After all, the whole earth became full with the so-called ignorant or evil people. On the other hand, spirituality became impaired without the necessary power, because the five Ms were kept away from it. Nowadays, the Panchamakari tantric system is spoken incorrectly, though the use of the Panchamakars is being used in the open and without any interference, not for spirituality, but for blind materiality. This proves that



today the society of real tantrics is a strict requirement.

### ***Tantra like a rebel cult***

Something similar happened with Premyogi Vajra. He also adopted the spiritual techniques of common sense. However, his spiritual growth was slowing down. When he could not even get the hope of glimpse of KundaliniJagran even for a very long time, he became like a rebel against the common spiritual system. Common people started to insult him. His opposition was also increasing in the form of intake of Tantric Panchamakars. Both of this effect-reason was increasing each other. Disrespect with opposition and opposition with insult. This cycle continued until he got a glimpse of KundaliniJagran. He

became content with his calmness, and his faith increased over the Panchamakari tantric system.

***Yoga and Tantra are virtually the same thing***

In fact, yoga (including common spiritual tantric methods) and tantra (Panchamakari Yoga) is the same, only difference in the level of magnitude of kundalini expression. Kundalini is more massive with Panchamakari Yoga than ordinary yoga. Therefore, an intelligent tantric person keeps on taking shelter of both as per time. There is nothing opposed in both. Tantric is all the spiritual people, but the Panchamakari Tantric is the prevalence of saying Tantric. We can also call him Panchamakari Sadhu, because there is no

difference in principle between the ordinary Sadhu and Panchamakari sadhu, except the level of manifestation of Kundalini.

***Tantra is an ally of Satvik religions (Hindu, Jain, Buddhist etc.), not anti***

It seems that the maithun-makar / sexuality-M is only the most important M of all the 5 Ms, because it gives a wonderful force to the Kundalini. Other considerations are, therefore, only helpful in this main cause. I consider other Panchmakari religions as a transformational form of the panchmakari tantric system. The power that exists in those, and the majority of which attract the people, appears to be the power of 5Ms. However, opposing Satvik Hindu religion / system, anti-religion cannot attain spiritual benefits, but

reverse harm only; it is a matter of course. This is because it is the principle that the five Ms are successful only if those live near the satvik and peaceful system / yoga / religion. This gives both methods both spiritual and physical benefits. Otherwise, those are only the reserves of sins. Therefore, in all the cooperative co-existence of all religions, it is a blessing for everyone. It is instructed to be a rational, selfless, humanistic, loving, satisfying, social and non-violent, for the Hindu philosophers / priests of charming personality / colorful (svarna) Hindu pundits, so that they have a divine pace and attraction along with the non duality and detachment. Only then other common or Panchamakari tantric people can fortify their physical image as Kundalini in their mind by making them a

guru. Only then will the power of Panchamakars look after and raise up the Kundalini, otherwise those will clear the path of hell for them.

***Miscellaneous thoughts about the origins  
of Tantra***

In many places, the consumption of panchamkaras has been specified for signatory purpose or formalities, so that no one should have the ego that I am very pure, and together with the best kind of non-duality. This principle in the spiritual system has been kept in mind that the result of karmic effect / Karma will continue to be met; hence, the use of panchamkaras is very modest and cautious. In many places, their use has been told so that people of violent or

demon nature can be taught to eat, drink and enjoy the right way, and by putting the seeds of spiritualism within their enjoyment and luxury, they too could be turned towards spirituality. Slowly later on they themselves improve. However, anything, the amazing power of the Panchamakari tantric system cannot be denied. Siddha Tantric even says that without the Tantra especially sexual tantra, enlightenment can not be attained.

***Other interesting facts about Tantra***

There are even more interesting facts about the tantric system. Tantrasamaj is also called a cosmopolitan / secret society. Many of them had joined the great Brahmin pundit too. For many of the Tantric, their own sister was their tantric master. Islam is also allowed

to marry one's own sister (although not born from the wife of father). This suggests that there exists somewhere in the origin of Islam the Panchamakari tantric system. The black stone that kabba have a custom to kiss, most people consider that as Shivling. Lord Shiva is the originator of the Tantra. In the case of hetero-vehicle tantra, it is also believed that the more tantric girlfriend is more ugly or unattractive; tactical it is, provided it is filled with tantric qualities. That is because there is no ego in her, so that she lets the mental kundalini image made from physical forms of others / gurus to grow easily on herself. The vishamvaahee / hetero-vehicle tantra means that the image of the mental kundalini is of physical form of somebody else (the master), whereas the Kundalinivahika / kundalini

carrier is a tantric lover. Samavaahee / homo-vehicle tantra means that the image of the mental kundalini is also of the physical form of a tantric lover, and the Kundalini-carrier is the same. In samavaahee tantra, signatory / indirect sexual technique is more effective, but complete / clear / direct tantric sexual action in the vishamvaahee tantric system. Therefore, to create more and more sexual attraction, the samavaahee Tantrica (female tantric) should be attractive. I have seen two types of tantric mechanisms called samavaahee tantra and vishamvaahee tantra in the experimental details of Premyogi Vajra on this host website only, not at other places. Although there is a prevailing belief in tantra that women of the backward classes are the best for direct tantric sexual activities. This



makes the statement of Premyogi Vajra clear. It is said that once a famous Tantric guru's ugly and black tantrica girlfriend was ridiculed by his disciple. Angered by that, that tantric girlfriend cursed him for not achieving enlightenment during his lifetime. That's how it happened.

***Now we discuss the similarity between  
Tantra and Islam in detail***

The beginning of the Tantra and Islam began almost simultaneously. In both, escaping away from world has been rejected, and the emphasis is on worldly tendencies. Both have given importance to women. There appears Tantric principle behind circumcision. Halala done by maulavee in islam also appears as a distorted form of tantric ritual of

making joint consort by guru and disciple. Both sadhana paths have been created to provide salvation for all the general and purity-free people. Too many Muslims consider tantric nath-gurus as their own gurus too. Tantric gurus are also called Pir Baba. Just as the rightists are purists of Hindus, in the same way, the Sufi spiritual practice is a puritanical and moderate ideology in Islam. Most of the time, the right Dynasties of Hinduism and the left ones are said to be anti to each other. But based on the tantric experience of Premyogi Vajra, I have tried to prove in this article that the tantra and the right Dynasty are not anti to each other, but collaborative. Say ordinary tantric methods to be dakshinatantra / right tantra, and the Panchamakari system is called vamatantra /

left tantra. In the same way, Hindu religion and Islam also proved to be collaborators of each other, because in the larger perspective, call the Hindu religion as right tantra and Islam as a left tantra. Therefore there is no place for animosity or bitterness between the two. Both religions are loathing each other and are thus unknowingly loving each other for the love resides inside hatred. But it does not work in full. Then why do not these two love each other directly, so that they can achieve each other's strength in greater quantity and with greater positivity. The difference in ideas is the nature of mankind, but it should not be used to cause ill effects on mutual love and cooperation. If they need to amend their ancient theology, then it should be done in the interest of humanity by

sitting in the Synod / dharmasabha or Sarvadharmas Sabha / all religions' assembly. I want to make it clear here that here all the religions are talking about, not of any particular religion. All should consider making amendments in this way in words filled with inhumanity, fanaticism and hatred, which will also preserve the respect of all religions, and also be amended according to the era. For example, since when Hinduism began to oppose the practice of spiritual slaughter, coconut was sacrificed in a symbolic form. In the name of the Kundalini / Guru in Tantra, the Panchamakars are consumed, however in the name of Allah (God) in Islam, however both share similarities. Actually minding the invisible god always feeds up the kundalini, the secret only known by few ones. But in the

hardcore Islam, among the Panchamakars, violence and lies towards human beings have also been included. In Hinduism and Christianity, it was also there comparatively at a lighter level, although in most cases it is said that it was reactionary. Now, what was the need of it in the olden days, it can not be said, but in today's educated and humanistic era it is not relevant, and needs to be totally exterminated. However, for one's great self-defense (to save lives) their use can be considered in rare cases. Real sacrifice is the sacrifice of the bad spirit. Dormant sense also works. Therefore, the firm expression of the related resolutions should contradict the inhumanity, only then the latent feeling (samskaras) is destroyed. All these facts are written based on the personal experience of

the hero of this website and a tantric, Premyogi Vajra, this is not a mere empty theory. Premogi Vajra is an enlightened man, and his Kundalini is also awakened. He also got spiritual success only when he denied the inhumanity in stern words nearly about 25 years ago. It can be read on this link to the webpage-

<https://demystifyingkundalini.com/home-5/>

***Tantra should never be taken lightly, because it can also open the doors of hell if corrupted***

An explanation seems to be justified here. If the hostile opponent of God is tortured with the remembrance of God in the name of jihad etc, then in return, when that torture-giver would get the fruit of punishment arising out

of that karma of torturing other, then the God will be remembered by him in much intensity for the karma and that's fruit are both interconnected.. Then, if he dies while suffering torture, then he would be liberated, because even in Sanatan Dharma, it is said that whatever at the time of death is remembered, the same form is got posthumously. However, if it does not happen, then the door of hell is open. It is a different matter that he will remember God in hell also. Therefore, very caution is required. Now, when someone accepts pain in the name of God, it is natural that in him there will be a remembrance of God, so that he too will be dear to God. Due to this the person causing suffering and the person who suffers, will be blessed with one and the same.

However it is clear that it will be worse for the suffering-causer than the one who suffers pain, because if the former does not perform the Tantra properly, then the hell-sword which is born from evil deeds always hangs over him. Because it is a karmic principle that until one becomes free, then the effect of karma will remain unchanged. That is why there is 'everything' or 'nothing', there is no middle level in it. This is also the principle of the Tantra especially the extreme Tantra. This is one of the main reasons that Great Islam seems like an extremist Tantra. However, unfortunately due to fear of extreme tantra, many people started living away from the ordinary or soft Tantra, by which they became untouched by the benefits of a science-based spiritual method of Tantra. Premyogi vajra



proved it through his experience. He enjoyed flesh with the remembrance of Kundalini. When he got his fruit as a sporadic injury, kundalini suddenly appeared much more intense in his mind, and he also remembered the interconnected karma of eating flesh. Now whoever says that a devotee of Allah should not be disturbed, it is according to Sanatan Dharma, which states that God does not forgive the one who does bad to devotee of God. Actually all religions are the same, there is a difference between understanding only. Likewise, once, Premyogi vajra had a slight rebellion along with Kundalini-dhyan / Advaita-life. In fact, that was not treason, but the act of light apparent sedition only, because there was non-violence with benefit of the whole world hidden inside. When he

was punished, he tried his best to avoid punishment by divine inspiration, in which he also had unique success. When he got his light sentence, he felt that like a prize, and in his mind, Kundalini-meditation / advaita became even more prevalent, so that he got KundaliniJagran with some effort of yoga. Simultaneously further saying, as on the body joints in yoga, the sensation generated by the effects of breathing / twisting / motion etc. becomes enraged by the Kundalini, in the same way, during the time of devotional pain, the God sensed spontaneously over the sensation becomes very clear.

***No one can ever hate anyone; Love is the ultimate truth***

Only then I say that no one can ever hate anyone. If a person establishes contact with another person, then he loves him in every situation. If he does good to him, then by giving him a chance to move forward, and if he does bad, then by destroying his sins indirectly. Although the former way is more plausible and practical. If the use of the second method is to be compulsive, then only to the mild level or up to the moderate level at maximum, never to the extreme level.

History is witness that Muslims living in Mecca were pagan (idol worshipper). It simply means that they were tantric or tantric-yogis. Because the people of those desert areas were already habitual of enjoying flesh, alcohol, sex, etc. (panchmakaras) since long. If

idol worship becomes associated with these panchmakari habits, then it becomes Tantra automatically.

***How non-humanist religions were formed***

It may be that in ancient times there was an abundance of violence in the form of quarrels, wars and animals as the main source of diet etc., whose redress was possibly impossible. Therefore, those were made clean and liberating by wearing a cover of religion. Because pure Vedic actions in the atmosphere filled with violence and impurities could cause harm to the place of profit, therefore hatred towards them spread. Afterwards, the situation changed, but the rules made by them were made forever, because they were confirmed in a written form with loyalty and faith. At that time there was not even

satisfactory facilities for traffic and communication. Therefore, the limited people in a small drought area / special geographic area understood that the whole world was like them. That is why they intended to spread their ideology to the whole world.

Similarly in ancient times, there was a practice of human sacrifice in rare cases in Tantra, which is no longer there. Both of them have given greater importance to body pleasure. Both have the postures of Hatha Yoga. Both were made to oppose the escapist and soft Hindutva. Although the Tantra remained much more moderate towards soft Hindutva than Islam, and remained completely dissolving in its midst.

Here, we want to make it clear that Islam does not have five makaras, but only four are there, more or less. Wine is prohibited in it. Although I consider the effect of meat equivalent to the effect of alcohol. Both are tamoguni (darkness producing) Together, also, want to make it clear that the five-makaras there seem not as clearly and well defined as in Tantra, but those appear as panchmakaras, because their influence is going to lead towards divine power just like the Panchmakaras of Tantra.

***Other authentic articles for the above facts can be read at the following links***

At first glance, Islam and Tantrism might seem an unlikely pair for comparison, the former known for its austere simplicity and

uncompromising monotheism, the latter presenting a plethora of rituals, mantras and deities. But looking beneath the surface at the underlying philosophical principles will reveal that the two share much in common—

<http://greatvashikaranspecialist.com/islamic-tantra>

In Sanskrit language Allah, Akka and Amba are synonyms. They signify a goddess or mother. The term 'ALLAH' forms part of Sanskrit chants invoking goddess Durga, also known as Bhawani, Chandi—

Allah is a Sanskrit word- Scribd

In the end, a brief information that can save you from religious frenzy, and teach true humanity-religion, can be found on this website (Whose hero is a Premyogi vjara), and

a detailed information book can be found on  
the following link.



## **WEBPOST-2; Theological tribute to martyr soldiers in the Pulwama terror attack**

History is the witness that the attacker has won in most of the cases. If he wins, then his success is in front of everyone, but if he loses, he still succeeds. The deep tantric mystery is hidden behind this. Before attacking other, man had prepared the mind completely. The complete preparation of the mind for the attack means that he eliminates the fear of death. He will be able to destroy the fear of death only if both life and death will be equal for him. Life and death will be equal to him, when he will see life in death also, that means, after death, he will accept the matter of getting the Paradise. In other words, this is

the Advaita (non-duality), which is the only essence of all philosophies and religions. Many people call the same advaita as the name of God, Allah etc. Then it is a straightforward thing that every attacker is the man of Allah itself, whether he believe in Allah or does not believe. If he also obeys God or Allah, then he will be blessed with borax on gold, means double reward will be achieved.

Now talk about the attacked. He is never mentally prepared regarding fighting and do or die. This means that he is present inside duality, because he is afraid of death. He is immersed in attachment to life. Its direct effect is that he does not openly fight. Therefore, in most cases he loses. Even if he wins, even then his fear and duality will

remain, because his faith remains on the victorious duality. Straightforward it means that he loses even after defeating, and also loses by winning. He can be able to withstand the sudden attack better, who keeps non-duality in his mind at each moment of his life. That means, the mind that lives in a way filled with non-attachment like a Sage-Sannyasi. Even when capable, he does not start the attack, and gives a most appropriate answer to the sudden attack. Such a person is most loved by God. Only then did India take such attacks for thousands of years, and even shown stars in the daytime to the attackers. Only then India has religion dominated, especially Advaita Dharma (non duality-religion). Because of this same power, India never needed to attack anyone. Those need

to attack to strengthen their own religion, who cannot hold religion in peace in their daily life. It is not only a mere theory, but also a tantric, Premyogi Vajra has this type of own experience. He has created this website to make every moment of one's life full of Advaita, the unique and real worship of God.

Now tell a best way. If people, who constantly follow the Advaita Dharma, also continue to get the power of Advaita Dharma by attacking the evil ones, then there will be again borax over the gold. Especially those attackers can be attacked, who are a threat to one's security, and those who can attack suddenly. Our country is on the same twist today. Here this method can be proven most successful. All people of India should spend

life like sages. The soldiers of India should become sages, and with slogan of Har- Har Mahadev, they should attack those terrorists, who continue to harm the country by attacking deceptively. Once those have been tested, tested twice, tested four times. How long will the country test such extremists?

The restrictions on the shelter of the terrorists should be imposed as much as possible, in the fastest way possible. Those restrictions include stopping river-water, preventing trade, declaring a terrorist country in the United Nations etc.

The truth that is perceived by Premyogi vajra is that when there is a problem in the mind (Kundalini Chakra is blocked), then only

in the world it is also visible. If extremists understand the same thing, then they should leave the blind race to improve the world.

May God bestow peace to the departed soul of those martyrs.

You can read other posts related to this post by visiting the following link-

<http://demystifyingkundalini.com/2018/12/23/योग-व-तंत्र-एक-तुलनात्मक-अ>

<http://demystifyingkundalini.com/2018/07/18/religious-extremism>

## **WEBPOST-3; In the owner of Gandhi jayanti**

Mr. M.K. Gandhi, a peaceful Indian freedom fighter was a man of practicality, not mere that of a theory. Whatever he said in his life, he proved all that practically. He translated and explained the Geeta, a Hindu sacred text, practically while he was there inside a prison. The compilation arose in the form of a book named as “Anasakti Yoga” in Hindi. He has described in that the scientific and practical meaning of the teachings of Geeta. Therein he has given full stress on the unattached attitude of living a fully functional and practical human life. He has uncovered this deep secret lying inside Geeta. Although I

haven't read that fully myself but I have read that's modern and Tantric variety in the name of book "Shareervigyan darshan- ek aadhunik kundalini tantra (ek yogi ki premkatha)" by Premyogi vajra in Hindi. Premyogi vajra has proved scientifically that everything including every religion and philosophy exist there inside our own human body. Although there is total environment of unattached / nondual attitude there inside this micro society against the duality / attachment filled environment in our so famous day to day macro society. He has utilized the health science related knowledge fully to unveil this secret. As a result, the book appears resembling a Hindu Purana although in a more comprehensible, scientific and widely acceptable way



comparatively. The full information of this book is available here at the webpage-

[https://demystifyingkundalini.comcomcomcomcom](https://demystifyingkundalini.com/comcomcomcom)

It's also the birth anniversary of Mr. Laal bahaadur shaastrri, the second prime minister of Independent India today, therefore salute to both of these great men.

## **WEBPOST-4; SHAVID versus Taoism**

SHAVID(shareervigyaan darshan/body science philosophy- SHAVID-Shareeravigyaan darshan/Body science philosophy) may be termed as the theistic Taoism for it also incorporates God inside it, although not in a religious way. This aids up in the quick spiritual growth just as Patanjali has also pointed out that a Proper belief in God reinforces the yogic practices.

## **WEBPOST-5; Is vegetarianism must for awakening**

Many people ask me such questions if they should continue or leave the non veg to get awakened. Actually it's not the non vegetarianism that is harmful but mental attitude adopted with that. This is tantra if attitude is nondual. You can read Understanding non duality. Panchmakaras ie. Five Ms of tantra including the non vegetarianism are the most powerful source of mental energy. That energy if directed with the nondual attitude to the kundalini, then awaken her, otherwise bury her further deep. Nondual attitude demands a balance in life and likewise makes a life balanced too if adopted. So then a man with it uses the non

veg as per his minimum body needs and not  
as per his two inches long tongue only.

## **WEBPOST-6; Women is revered in tantra**

There is a misbelief that in the tantra, woman is exploited and used as a toy to work for the spiritual uplifting of a man (Woman in Tantra). Actually in tantra a man becomes fully sage like in every respect. Can a sage even think of exploiting anyone? Taoism also recommends for a sage to be a sexual sage, not a simple sage due to the same reason. Actually, religiously extremist people who misused tantric powers for the inhumane practices, they exploited the woman violently but the blame came to the real tantra.

**AN ORDINARY WEBPAGE; Shareeravigyaan Darshan- Ek Aadhunik Kundalini Tantra (ek yogi ki premkatha); शरीरविज्ञान दर्शन- एक आधुनिक कुण्डलिनी तंत्र (एक योगी की प्रेमकथा)- physiology philosophy/physiological philosophy/philosophy of physiology**

If you are really serious about your quick spiritual growth and development, then this e-book(Hindi, \*\*\*\*\*5 star rated, reviewed in unbiased way as the best, excellent and must read by everyone on amazon.in) is just for you. It was called having old style trend by an informal reviewer. But it is worth noting that the word “Kundalini” is old and a famous word of Sanskrit, so there is no surprise (internal webpage). Additionally, on Google play, this book has got four reviews, five star

each. This book is also available as print version at Pothi.com (merchant site). Premyogi vajra wrote this book immediately after his Kundalini awakening through a divine inspiration while he was fully immersed in too positive and blissful effects of that. That's why those effects are well visible inside this book. The entire essence of this book is available on this website. But to get more detail, decoration, orderliness, beauty, charm and inspiration, the original book is recommended only.

FOR PURCHASE LINKS OF THIS BOOK ON E-COMMERCIAL SITES, PLEASE VISIT THE WEBPAGE "SHOP", and also download the free Sanskrit edition of this book; So that you can enjoy timeless Sanskrit literature

(especially Sanskrit Puranas) by learning Sanskrit from this book composed in Purana style. There are many other English books also to read.

### **Why book is important?**

If you want to read the real story of an enlightened being whose Kundalini is awakened too (internal link- tantric page), how he was enlightened and how his Kundalini got awakened; in a worldly/novel(fictional, scientific and romantic) like/practical way with easy Hindi, then this e-book is just for you.

If you are suspicious of the nature of the Kundalini and want to really demystify it through one of the most practical and



experiential way ever, then this e-book is just for you.

If you want to get submerged deep into the sweet nectar of patriotism and nationalism, then the e-book is just for you.

If you want to understand Mahrshi Patanjali compiled Ashtaang Yoga(8 limb yoga, for detail please visit external website/ashtanga.com) in a full depth as well as if a child's play, in both of the opposite looking ways together, then this e-book is just for you.

If you do not want to renounce the world for the realization, then the e-book is just for you.

If you do not want to draw back your worldly activities instead want to speed up

those, then the very same e-book is just for you.

If you want to enjoy the worldly as well as the spiritual realms both together, then the e-book has been just designed for you.

If you are too busy in your worldly works to spare time for your spiritual growth, then the e-book is just here that you need.

If you get paranoia and excess of your mind-swinging during your worldly activities, then this e-book is just for you.

If you are often confused regarding the humanity and the religions, then you should just enjoy your stay here.

If you have collected up mountain of doubts about anything, then the e-book is just like your plane to cross over that.

If you are not getting the fruitful results on doing your meditation, then the e-book is a correct guide for you.

If you want to study the basics of all of the religions and spiritualism in one go; just in a novel-like, fiction-like, science-like, materialism-like, story-like, biography-like, health-like,yoga-like, meditation-like, romance-like and like many more styles all together; then the e-book is just for you.

If you want to know the mystery of human life and probably everything whatever possible just in a single e-book, then you are the right destination for this e-book, Shareeravigyaan Darshan-Ek Aadhunik Kundalini Tantra(ek yogi ki premkatha).

If you want to traverse the path to liberation too swiftly, then the e-book has been designed just for you.

If you want to get yourself as if positively transformed just in a moment, then the e-book is just calling for you.

If you want to be away from the unnecessary burdens of the spiritual and the religious formalities/rituals instead just want to be practical, then the e-book is just searching for you.

If you want to become a religiously tolerant and a perfect human being just in a moment, then the e-book is just hoping for you.

If you want to know the scientific and the psychological principles hidden behind the

spirituality, then this e-book is just expecting your hurried acceptance.

If you are little bit bored with your static/same fashion life and usually become little or more depressed now or then, then the e-book is just ready to attach the required flight-wings to your life.

If you want to unveil the secrets behind the love, the romantic relationships and the sex, then the e-book is just longing for you.

If you are habitual of seeking all types of humane emotions and styles inside a single book, then this very same e-book is here to solve your same purpose.

If you want to become your own teacher, then the e-book is here to guide you for the same.

If you are not able to find any spiritual master or guru or guide for yourself, then the e-book is just here to help you for the same.

If you have a lack of time or a lack of faith to read the great Vedas-Puranas in detail in original language (internal webpage), however you want to reap their full benefits, then the book(Hindi) is recommended.

If you want to know the possible source of might behind the extremist religions, then this e-book is just for you.

If you want to know the mystery and the greatness hidden behind the ancient Hinduism or the great Aryan civilization or Sanatanism(external website / wikipedia), then the e-book is just for you.

If you want to make your body just as if a sacred temple or as if a Yantra-mandala, this e-book is just for you.

If you want to make your own physical body as if your own guru or master, then this e-book is just for you.

If you want to enjoy the sex in a perfect and a blissful way, then this book is just for you.

If you want to become a capable leader or an administrator in your life, then this e-book is just for you.

### ***Book description***

This E-book named Shareervigyan darshan-Ek aadhunik Kundalini Tantra (ek yogi ki prem katha) in Hindi is just as a type of spiritual (tantric) and scientific (medical) fiction. It

relates to the wonders happening inside our own body at every moment. It describes our body as per the medical science, however in a spiritually fictional style, that is quite easy to comprehend even by a common person too. It fulfills both of the desires of the reader, material one as well as the spiritual one too. It has displayed the total similarities between the macrocosm and the microcosm, that too nearly at all of the common and different levels, in a quite interesting way. It is a continuous novel type, without the chapter breaks. It resembles and is having inside it Karma-yoga, Tantra, Non-dualism, Dual-non dualism, Unattached attitude, Taoism(philosophy of changing but changeless), humanely administrative philosophy of Confucius and tantric secrets of



Shiva, all together. It was written in a long time period of 20 years with thought turned words being compiled up bit by bit. Therefore the every busy life experience of the author named Premyogi vajra in the mean time itself went on being connected with it, making the book living and inspirational. While keeping this book related documents in their commute bags, Premyogi vajra and coauthor used to feel a divine protective and progressive tantric power around them always. It shows that the philosophy may have subtle tantric power. It also means that keeping this philosophy in a downloaded form on e-reading devices may prove beneficial. Actually, they both had made it as if their private life-philosophy to follow it to their liberation, however on finding its strong

effectiveness; they decided to make it public later on. Their long lived dream to connect the spiritualism and the science together turned real. Author is fully sure that contemplating on this book is bound to deliver liberation. The same had happened to him, when after finishing its compilation, he spontaneously was dropped into the higher realms of the Kundalini yoga and on one day, his Kundalini suddenly rose up to his brain, that culminated into his transient Samadhi. This book also helped the Author to balance his kundalini after his glimpse enlightenment. It is helpful to all; however it is exceptionally helpful to persons related to the fields of Body/health, Security, Science, Materialism, progressiveness, troubled minds and the doubtful carriers. It helps such people more;

who are active, all-rounder, efficiency/quality loving and modern/contemporary. All of the readers would surely feel a positive transformation, little or more, after reading it. It is also especially helpful to the people harboring delusions related to the humanity, religions and the spirituality. Its base version was originally written in Sanskrit language, however keeping in view the comprehensibility by the common people, it was translated to Hindi later on. It also differs from other fictions in the sense that it is not only a fiction but is a realistic as well, say somewhat in a Vedic-pauranik(Vedas-Purana/Poetic spiritual stories' collection in Sanskrit) style(for detail, visit this external website/wikipedia). Coauthor has also put some light on the unique spiritual and Tantric

experiences of the mystic Premyogi vajra, including a glimpse of his related autobiography. Simple and basic Kundalini yoga-techniques have been described in a quite comprehensible style. For understanding purpose, some main points of practical sexual-yoga have also been mentioned in a decent way. This book is suitable and beneficial to the whole range of the people including very common ones( even so called quite low and ignorant of meditation) up to the advanced meditating beings. Premyogi vajra and coauthor, both have also studied different Religions, Vedas, Puranas, Upanishadas, Tantra, some other ancient Indian spiritual-literature, philosophies and many other contemporary spiritual books in the original language. So

they have also included their some mind-roaming points related to this new philosophy, wherever found absolutely necessary. In the first half of this e- book, events happening inside our body have been explained in an easy and philosophical style. Premyogi vajra is a mystical man. He is enlightened and his Kundalini is awakened too. He has achieved his Yogic feat in a natural and spontaneous way, as well as through the artificial Kundalini yoga practice too. His spiritual experiences have been penned down nicely by the coauthor in the latter half of the book. The people who want to understand the psychological basics behind the Yoga, the book is not less than a boon for them. The secret principle behind the Man-Woman relationship is also hidden in this

book. If anybody wants to drink the Love-nectar in a most easy, safe and a reliable way, then there appears no other method better than this book. The fundamental principle behind the Socialism and the Non-dualism has also been described in this e-book. Actually, this book appears as if touching all of the fields together. If anyone wants to study the Hinduism deeply in a comprehensive way but has no time or other resources available, then no other book appears equal to it. If anybody has unfortunately got a troubled family or social life, then no competent appears in front of this book presently. Also on reading it, one gets a thorough knowledge of the medical science behind our body, in one of the best interesting and alleviating style. The book appears as if one of the best compilation,

describing the abstract and secret of a mysterious/precious human life in a very pleasant way. The book should be read in the original sequence as such, skipping nothing in-between for this e-book has been thoughtfully displayed in a right sequence and order during a long course of time. Once started reading, the reader never looks back before it finishes. Hope this e-book would entertain the readers as much as possible.

***From the diary of a book-reader***

Brothers, a lot of people are busy in a life full of ego, that is a direct gateway to hell. Some people are misguided for renunciation. These both types of people are partial to the complete truth——

From the diary of a book-reader (webpage)



## Other books written by Premayogi

### Vajra

1) शरीरविज्ञान दर्शन- एक आधुनिक कुण्डलिनी तंत्र (एक योगी की प्रेमकथा)

2) Love story of a Yogi (what Patanjali says)

3) Kundalini demystified (what Premyogi vajra says)

4) कुण्डलिनी रहस्योद्घाटित- प्रेमयोगी वज्र क्या कहता है

5) The art of self publishing and website creation

6) स्वयंप्रकाशन व वैबसाईट निर्माण की कला

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